



Reach Out

Greater [^] New Haven
a warmline for our community

(203) 287-2460

What is a warmline?

A warmline is a number you can call that will direct you to the resources or services you need. When you call [Reach Out New Haven at \(203\) 287-2460](tel:(203)287-2460) you will be answered by a trained professional. Our operators are experienced in providing mental health guidance and can connect you to outsourced hotlines or agencies if needed. During the COVID-19 crisis you deserve a compassionate listener who can lend an ear about your stress and point you in the right direction for whatever resources you might need if you live in the Greater New Haven area. This warmline is available Monday -Thursday from 8:30am to 7:00pm and Friday from 8:30am to 6:00pm.



When should I call?

You should call Reach Out New Haven if you:

- Just need someone to talk to (in English or Spanish)
- Need food and don't know who to turn to
- Are in need of child/infant supplies (school notebooks, diapers, clothes, etc.)
- Need connections to mental health resources
- Have questions about how to get COVID-19 information
- Need connections to volunteer aid or help from the community

[Reach Out New Haven](#) does not serve as a therapy/counseling, crisis intervention, or emergency hotline.

If you are in a **crisis** (threats of harming self or others; destruction of property; significant safety issue) call 2-1-1.

If you are in an **emergency** (medical attention is needed; police intervention is needed; weapons are involved) call 9-1-1.

The National Suicide Prevention Hotline is [1-800-273-8255](tel:1-800-273-8255). This hotline, along with 211 and 911 are available 24/7.



In collaboration with the City of New Haven

www.cliffordbeers.org



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