

Milford Opioid Response Initiative

Community Opioid Overdose Response (COOR) Collaborative

Quarterly Newsletter

Dec. 2022

Milford COOR Members

CT Department of Public Health • Milford Health Department • Milford Prevention Council • Milford Police Department • Milford Public Schools • Milford Human Services/Youth & Family Services • Alliance for Prevention & Wellness • Beth El Center, Inc. • Bridges Healthcare, Inc. • Bridgeport Hospital-Milford Campus • United Way of Milford • Maine Medical Association, Center for Quality Improvement

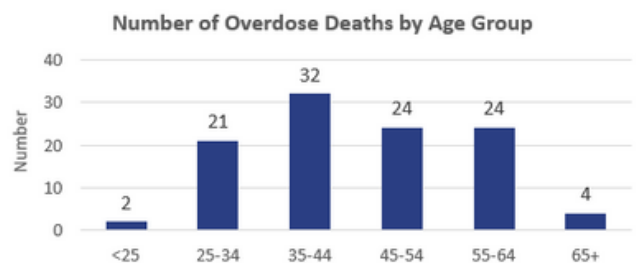
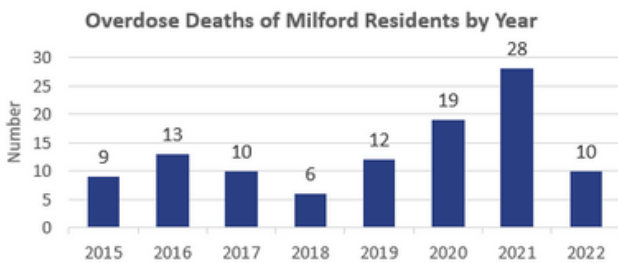
The Milford Health Department was awarded the Overdose Data to Action (OD2A) grant through the Connecticut Department of Public Health. The Milford Community Opioid Overdose Response Collaborative (COOR), a multi-stakeholder group of city and community organizations, was formed in 2021. The COOR meets quarterly to review state and local data to develop a roadmap that focuses on whole person care for those suffering with substance use and/or opioid use disorder.

State, county, and local data are reviewed and used to determine how best to approach overdose prevention, harm reduction, treatment, and recovery activities for Milford residents. Below are some of the data the COOR reviews and activities connected to the data.

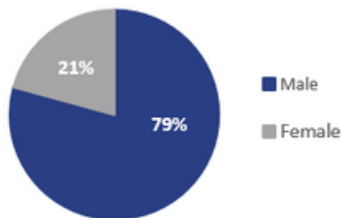
WHAT DOES THIS DATA LOOK LIKE IN MILFORD?

OCME Data and SUDORS Data

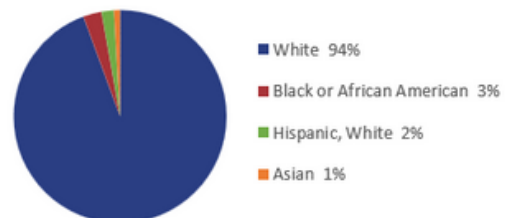
Unintentional Drug Overdose Deaths, Milford Residents, 2015 to 2022 (n=107)



Percent of Overdose Deaths by Sex



Percent of Overdose Deaths by Race/Ethnicity



Sources: The Connecticut Office of the Chief Medical Examiner (OCME) and the CT State Unintentional Drug Overdose Reporting System (SUDORS). Data are received from the CT Department of Public Health. The 2022 data do not reflect all unintentional drug overdose deaths occurring in this timeframe as there are outstanding pending cases that have not yet been confirmed by toxicology testing. Data are current as of 11/4/2022.

WHAT IS THE MILFORD COOR DOING?

The data on the first page does not capture how many lives were saved because someone had and knew how naloxone, a drug that can reverse an opioid overdose. The data also does not quantify many people decided not to take the pill their friend offered them because they understood the dangers. The Milford COOR provides naloxone trainings and prevention education sessions within the community.



The **Milford Health Department** purchased television air-time during the month of August to promote the **NORA Saves** app. Use the app to help you recognize the signs of an overdose and how to respond, understand the Good Samaritan Law, connect to other resources to prevent an overdose, and find treatment and recovery supports. You can also find this information as a handout around the community.



Bridges Healthcare, Inc. and the **Milford Prevention Council** created the Beat Addiction tear-off pads. They are being handed out by **Milford Police Department** staff who respond to an overdose, **Bridgeport Hospital-Milford Campus** staff who interact with people who are being treated for an overdose, and **Milford Health Department** staff who attend community events, as well as having been placed in area hotels and motels.

These local resources are waiting to help you.

OPIATE ADDICTION?
MATT'S Van offers on-the-street services to help your recovery.
Call or Text: 203-494-5811



VAN SCHEDULE
Monday | 11am-3pm | Milford (Beth El Shelter)
Tuesday | 1pm-5pm West Haven (green)
Wednesday | 1pm-5pm West Haven (green)
Thursday | 9am-12pm New Haven (green)
Saturday | 11am-5pm West Haven (green)
Sunday | 11am-5pm West Haven (green)

Text our Recovery Coach 7 days a week

- Doctor & Recovery Coach on-board
- No Insurance Needed
- No Appointment Needed
- Prescriptions for Buprenorphine
- Narcan Distribution
- Must be 18 or older

The **Milford COOR** in partnership with the **Milford Health Department** and the **Milford Prevention Council** hosted a four-part interactive series in October for the community on Generation Z and the many ways this generation can learn about and access drugs and paraphernalia through social media. The series also included a Narcan training by the **Alliance for Prevention and Wellness**.



24/7 HELP LINE: 203-878-6365

Visit 211ct.org or dial 2-1-1 for free, confidential help for assistance with:

Comprehensive and effective mental health services and

WHAT CAN YOU DO?

- Get trained on how to recognize an overdose and how to respond, including administering naloxone. Check Alliance for Prevention and Wellness (www.apw-ct.org).
- Keep communicating with your family about the dangers of using drugs not prescribed to them and using illicit drugs.
- Dispose of unused medication at the drop box at the Milford Police Department.
- Check for upcoming events on our website: www.ci.milford.ct.us/community-health-division/pages/milford-opioid-response-initiative.

For more information on the Milford Opioid Response Initiative, contact Jennifer Clarke-Lofters, Community Health Coordinator, Milford Health Department at jclarke-lofters@milfordct.gov.