



SOMEONE YOU CARE ABOUT HAS SURVIVED AN OPIOID OVERDOSE

This packet contains information about opioids, overdose emergencies, and resources you can access to help aid recovery.

FREQUENTLY ASKED QUESTIONS ABOUT OPIOID OVERDOSE

WHAT IS AN OVERDOSE?

An overdose occurs when an individual ingests or takes more medication that their body can safely handle. An overdose can be life-threatening if not treated medically right away.

SITUATIONS THAT CAN CAUSE AN OVERDOSE

- Taking medications by mistake
- Taking more medications than prescribed
- Taking the wrong medication or drug
- Combing opioids with other drugs

SIGNS AND SYMPTOMS OF AN OVERDOSE

- Slow or Shallow breathing
- Pale Skin
- Vomiting
- Very small pupils
- Confusion
- Unconsciousness
- Faint Heartbeat
- Inability to speak
- limp arms and legs
- Purple Lips and Fingernails

WHAT TO DO IF YOU SUSPECT AN OPIOID OVERDOSE

- Call 9-1-1 right away
- Give them naloxone (Narcan) right away
- Turn them on their side to prevent choking
- Stay with them until medical help arrive



Naloxone (Narcan) is a safe medication and can be given in any situation in which an overdose is suspected but is only effective for an opioid overdose.

PHARMACIES IN MILFORD THAT DISPENSE NARCAN

WITHOUT A DOCTORS'S PRESCRIPTION:

RITE AID 1387 NEW HAVEN AVE. (203) 874-9845

RITE AID 60 BOSTON POST RD. (203)877-6774

WALMART 1365 BOSTON POST RD. (203) 301-0570

WITH A DOCTORS'S PRESCRIPTION:

CVS 989 BOSTON POST RD. (203)783-9058

CVS 734 BRIDGEPORT AVE. (203)877-8127

COSTCO 1365 BOSTON POST RD. (203) 882-8881

MILFORD PHARMACY 78 BROAD ST. (203)713-8101

WALGREENS 541 BRIDGEPORT AVE. (203)876-7643

WALGREENS 1083 BOSTON POST RD. (203) 878-7265

There is NO COST for Narcan/Naloxone with Husky Insurance

For additional information regarding the Do's and Don'ts when responding to an opioid overdose, please refer to the Substance Abuse and Mental Health Services Administration overdose toolkit found at <https://store.samsha.gov/sites/default/files/d7/priv/sma18-4742.pdf>

Treatment Resources

Retreat Behavioral Health, New Haven, CT

Inpatient Treatment, Outpatient Treatment, Medication Detoxification, Medication Assisted Treatment, Pregnancy, LGBTQ retreatbehavioralhealth.com

Cornell Scott Hill Health Center, Ansonia, New Haven, and West Haven, CT

Inpatient Withdrawal Management (Detox), Intensive Outpatient Treatment, Partial Hospitalization Program, Medication Assisted Treatment, Individual and Group Therapy cornellscott.org

Recovery Network of Programs, Bridgeport and Stratford, CT

Inpatient Withdrawal Management, Outpatient Recovery Counseling, Medicated Assisted Treatment recovery-programs.org

APT Foundation, New Haven, CT

Intensive Outpatient Treatment, Medications for Opioid Use Disorder, Residential Services, Mental Health Treatment

aptfoundation.org/substance-use

High Watch Recovery Center, Kent, CT

Residential Addiction Treatment, Online Intensive Outpatient Program highwatchrecover.org

Granite Recovery Center Programs, Salem, NH

Medical Detox, Residential and Outpatient Programs graniterecoverycenters.com

CCAR (Connecticut Community for Addiction Recovery), Bridgeport and New Haven, CT

Virtual Support Meetings, Telephone Recovery Support, Recovery Community Centers ccar.us/programs

Treatment in and Near Milford

Bridges Healthcare, Inc. – Milford and West Haven, CT

Outpatient Mental Health and Addiction Recovery bridgesct.org

MATT's Van – Milford, West Haven, and New Haven, CT

Street-Side Treatment and Support for Opioid Addiction

Call/Text (203) 494-5811

Southern CT Behavioral Health Center – Milford, CT

Therapy and Counseling for Drug and Alcohol Dependence soconnbehavioralhealth.net

BlueSky Wellness – Milford, CT

Therapy for Alcohol, Drug Use, or Addiction Issues bsw-ct.com

Breakers Counseling, LLC – Milford, CT

Therapy for Substance Abuse Disorders breakerscounseling.com

Shoreline Wellness Center & Behavioral Health Clinic, LLC – West Haven, CT

Individual Therapy and Group Counseling for Substance Abuse Disorders shorelinewellnesscenter.com

Additional Resources

Milford Resources

- Milford Health Department: 203-783-3285
- Milford Police Department Social Workers:
 - o Caitlyn Cimmino, LCSW: 203-783-4732 (office) 475-355-5130 (cell) or ccimmino@milfordct.gov
 - o Tina Marie James, MSW: 203 783 4755 (office) 475-355-3986 (cell) or tjames@milfordct.gov