Milford

Food Assistance Resource Guide





Open to all

Department of Human Services

150 Gulf Street
Provides Emergency Food Vouchers to
Milford Residents in need and gift cards
Referrals to local resources & state
administered programs (SNAP, WIC,
SFMNP, etc)
M-F call 203.783.3253

First United Church of Christ

34 West Main Street
Food pantry on Tuesdays once per month 10am-2pm. Mostly shelf staple items with limited dairy/produce.
Call 203-877-4277 for an appointment.

Milford Christian Church

989 New Haven Ave Appointment only.
Call 203-874-1233

Milford Regional Pop-Up Pantry

Cornerstone Christian Center, Kingdom Life Church, and the CT Food Bank

Every other Tuesday of the month 11am-12pm. Check the Milford Patch and CT Food Bank Website for location details.

Milford Food Bank

Milford Senior Center

9 Jepson Drive

Open Monday-Friday
9:00am-2:00pm

For Client Choice In-house shopping

call 203-876-6142 to schedule and appointment.

Emergency bags available 2:00pm-4:30pm Monday-Friday

Purple Pantry Boxes

18 purple **Food Pantry** boxes located throughout Milford & nearby towns that are stocked with staple items.

Find locations near you https://purplepantryboxes.com

Saint Gabriel Church

26 Broadway

Provides food, including frozen meat, to Milford residents. Service is by appointment only. **Call M-W:**8am-6pm to schedule an

8am-6pm to schedule an appointment. Food distribution by appointment only on Th: 10am until food is all gone.

203-878-3075

Saint Mary's Church

70 Gulf Street

John Rigley Food Pantry-Monthly food pantry. Contact
Department of Human Services
for referral.
203-783-3253

The Storehouse Project

49 Wheelers Farms Road
The food pantry is **operated three times a week on Tuesday, Thursday, and Saturday.** To make
an appointment please call 203-4906674 on Tuesdays and Thursdays
from 4 - 6 PM.

Saint Peter's Church

71 River Street

Second Thursday of the month meals are served.

Food Delivery Programs

Milford Food 2 Kids

Provides weekend meals to approx. 200 Milford youth in schools and Boys & Girls Village. 203-258-8182

The Storehouse Project

Truck delivers groceries to residents of housing projects and students on college campuses.

Milford Senior Center- Meals on Wheels

Hot meals delivered 5 days a week. Contact Marie Vaughn at 203-877-5131

Volunteers needed

Many of these organizations need volunteers to collect, organize and distribute food items to the community. Please consider reaching out and volunteering

Scan below for additional Food assistance resources outside of Milford



Milford Meals

Milford Senior Center <u>9 Jepson Drive</u>

Indoor or to go lunch Program.
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon.
Meals are \$3.50.

Monday

The Storehouse Project 349 Wheelers Farms Road

Weekly meals To Go 80 meals at the door + 170 shuttle meals.

Beth El Center, Inc. 90 New Haven Ave

Meals to go daily & on weekends.

Pickup between 11:30am-1pm.

Please check our website for the food calendar for the days dinner is served in the evening.

<u>Tuesday</u>

Wednesday

Milford Senior Center <u>9 Jepson Drive</u>

Indoor or to go lunch Program.
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon.
Meals are \$3.50.

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Thursday Milford Senior Center 9 Jepson Drive

Indoor or to go lunch Program.
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon. Meals are \$3.50.

Mary Taylor Memorial Methodist United Church 168-176 S. Broad Street

Monthly community supper on the 4th Thursday of the month for approx. 50 or more people on a walk-in basis.

Served as in person dining 5:30pm - 6:30pm.

<u>Friday</u>

Milford Senior Center <u>9 Jepson Drive</u>

Indoor or to go lunch Program. Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon. Meals are \$3.50.

Beth El Center, Inc. <u>90 New Haven Ave</u>

Meals to go daily & on weekends.

Pickup between 11:30am-1pm.

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Saturday/Sunday

Beth El Center, Inc. 90 New Haven Ave

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

Resources

Connecticut Food Share: Mobile food distributions at various locations each month. Get the food pantry schedule when you need it by texting the word "foodshare" to **85511**.

United Way 2-1-1: You can visit the <u>2-1-1 website</u> or call to be connected to local food pantries/distributions

SNAP Benefits: Access to SNAP and food benefits, visit: https://www.ctfoodbank.org/get-help/snap-food-stamps211/ OR call: 860-856-HELP (4357)

Fridgeport: An open access community refrigerator and pantry that is open 24/7, located at Kingdom Builders Impact Ministries, 219 James Street in Bridgeport

End Hunger CT: Meals at sites around the state from June-August, serving of breakfast, lunch, dinner, and snacks. Meals are free to any child age 18-and-under To find a site near you visit: https://www.endhungerct.org/services/summer-meals/

CT Food Bank: For healthy food, recipes and nutrition tips, visit https://www.ctfoodbank.org/get-help/nutrition-tips/