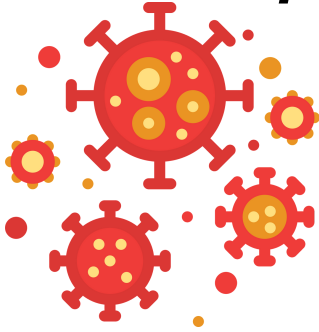


MILFORD HEALTH DEPARTMENT COVID-19 MONTHLY REPORT

September 2023 Edition



The following information is included in this report:

DATA OVERVIEW

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**IMPACT OF COVID-19 BY RACIAL
AND ETHNIC GROUPS**

PAGE 3

COVID-19 BY GENDER

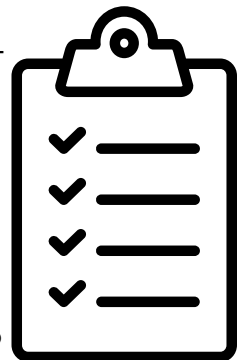
PAGE 4

BY AGE

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**STAYING SAFE WITH
COVID-19**

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Overview



IN THIS MONTH...

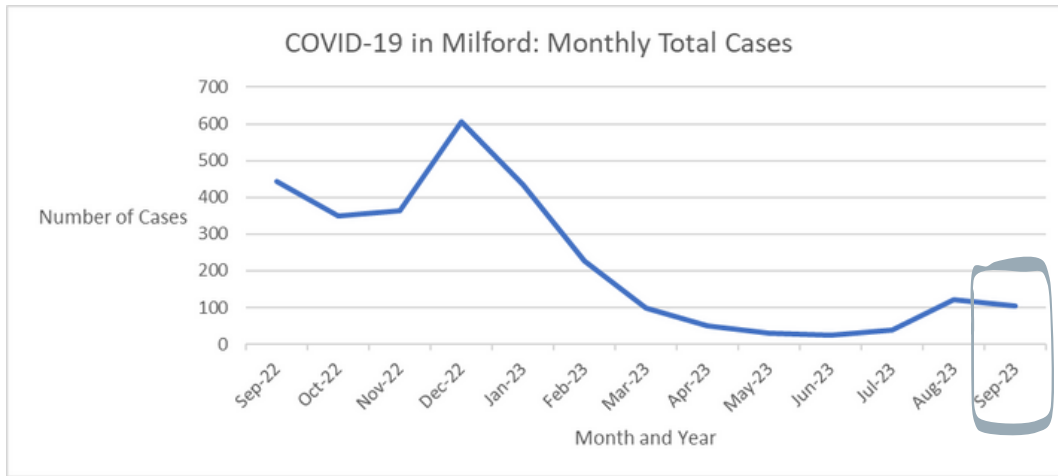
103

COVID-19 CASES WERE REPORTED

LET'S SEE THE NUMBERS...

The total number of cases has decreased from a spike in August.

It is a much lower number than the number of cases recorded last September (**443**), and is slightly lower than the number recorded in August (**122**). Still, it is higher than the number recorded during the middle months of 2023, when fewer than 40 cases were recorded per month at times. It is possible that there are some unrecorded cases due to lower rates of testing.



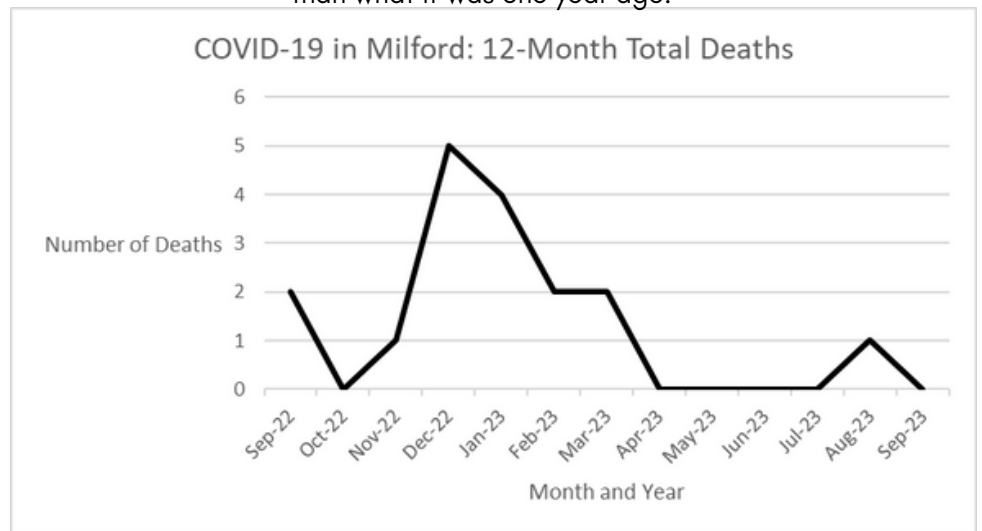
FOLLOWING THE DATA



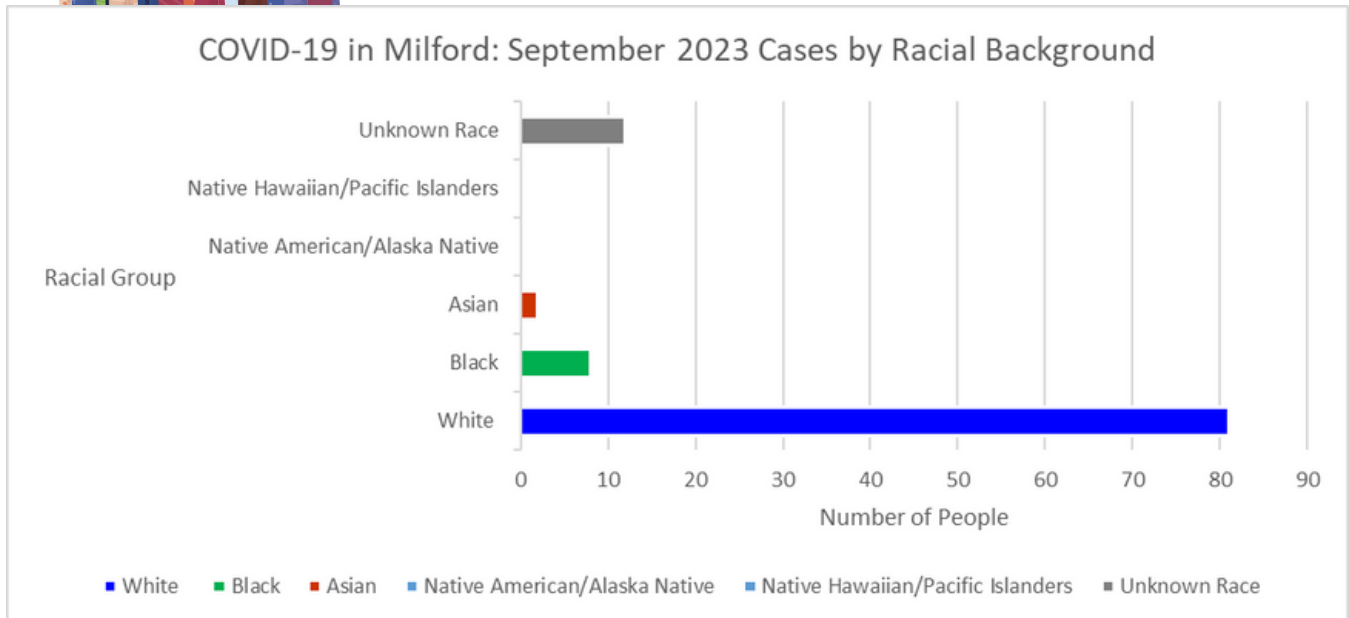
0 COVID-19 Deaths

September resumes the trend established in April that was disrupted in August. With no deaths, the number for this month was lower than what it was one year ago.

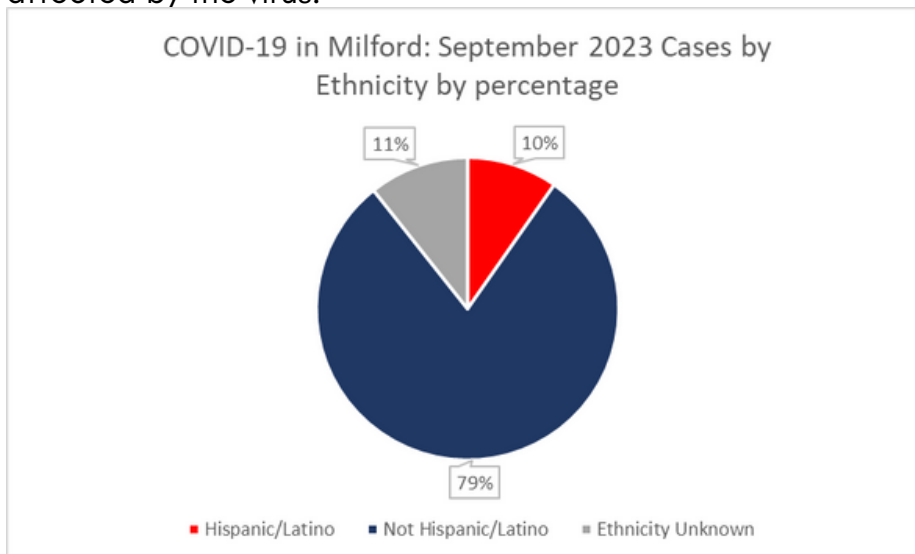
FOLLOWING THE DATA



Impact of COVID-19 by Racial and Ethnic Groups



Black Americans constitute **2.3%** of Milford’s population, but accounted for **8%** of all COVID-19 cases for the month. Asian Americans constitute **6.3%** of the population and **2%** of all cases, while White Americans constitute **84.6%** of the population and **78%** of cases. As is the case statewide and nationally, Black Americans were disproportionately affected by the virus.

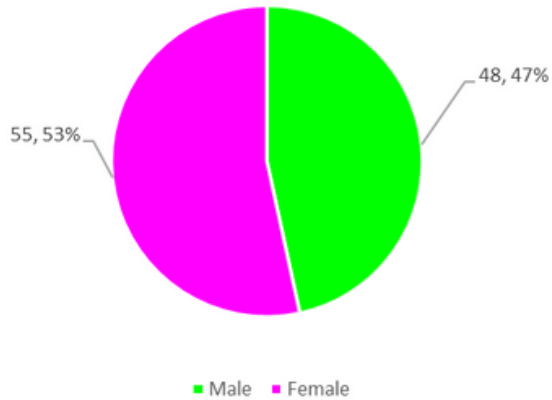


Around **10%** of all cases for the month were reported in the Hispanic Community. Higher than what has previously been recorded, this is a greater share than the population’s representation in the 2020 U.S. Census.

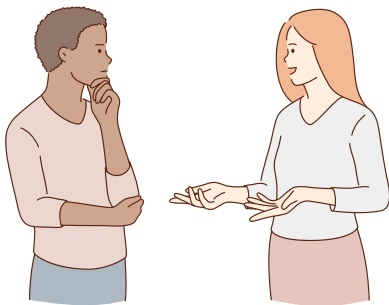


COVID-19 by Gender

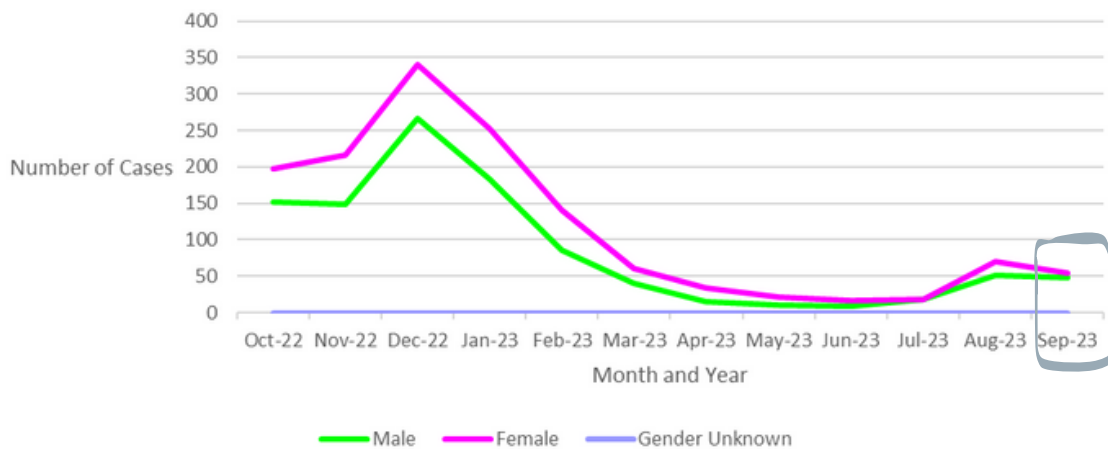
COVID-19 in Milford: September 2023 Cases by Gender



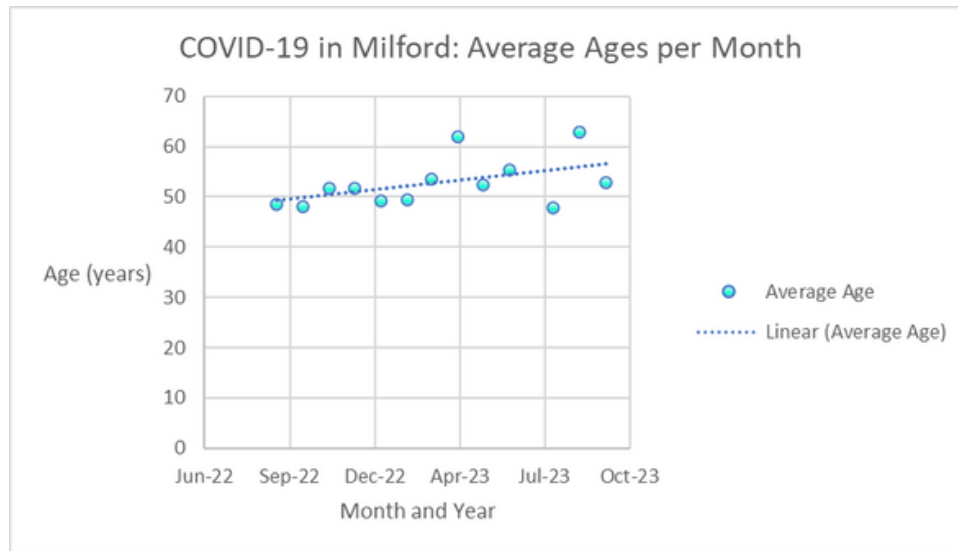
The gender gap remains, although it is not as wide as it has been in several other months, including in August. This time, **53%** of all cases were recorded in females and **47%** were recorded in males.



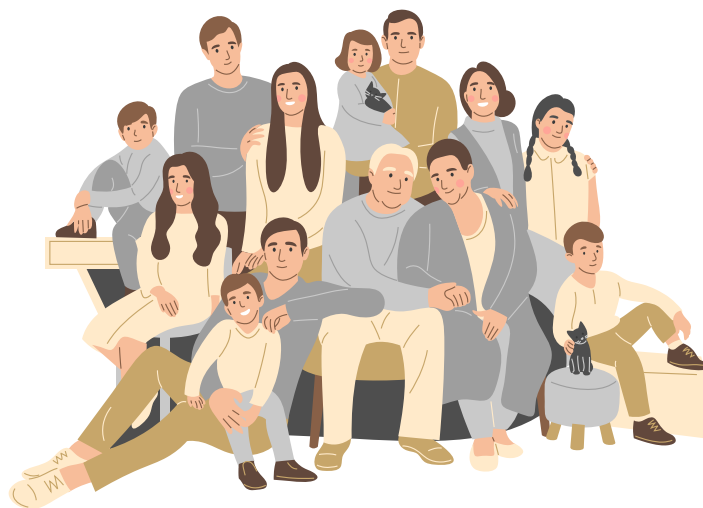
COVID-19 in Milford: 12-Month Cases by Gender, comparative



COVID-19 by Age-related Statistics



Most patients affected by COVID-19 in this month were in their late 40s and early 50s, with an average age of around **53** years old. This is closer to previous averages and is lower than for August.



Staying Safe with COVID-19

If you are experiencing symptoms of COVID-19, here are some tips on what to do:

- Call your medical provider to report symptoms and discuss testing recommendations. For uninsured individuals, go to testinglocator.cdc.gov to find a no-cost testing site in CT.
- If you test positive, speak with your physician about using a medication such as Paxlovid.
- Stay at home to avoid spreading the virus. If you absolutely have to go anywhere, wear a mask while doing so. Visit the Center for Disease Control's website for more tips, too.
- Get plenty of rest and avoid exerting yourself.
- Remember to get yourself **vaccinated!** It's the best way to keep yourself safe. The vaccine saves lives and helps prevent severe disease. It can also reduce the risk of Long COVID. Even if you catch the virus after being vaccinated, COVID-19 vaccines are effective at protecting you from getting seriously ill, being hospitalized, or dying.
- The Centers for Disease Control and Prevention and the Milford Health Department recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this fall and winter. Call the Milford Health Department or visit vaccines.gov to find out about where you can go to get vaccinated.



Scan this QR code to read more tips!



Report by:

Avinash V. Veeraraghav, MPH
Epidemiologist



Edited and Reviewed by:

Jennifer Clarke-Lofters, MPA
Community Health Coordinator



Approved by:

Joan Campbell, MSN, RN
Director of Nursing
Deepa Joseph, MPH
Health Director

