MILFORD HEALTH DEPARTMENT
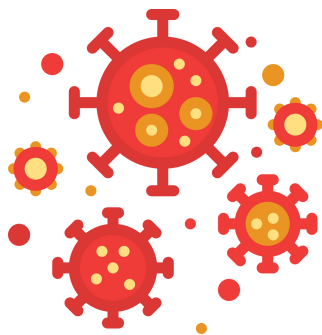
COVID-19 MONTHLY REPORT

October 2023 Edition

The following information is included in this report:

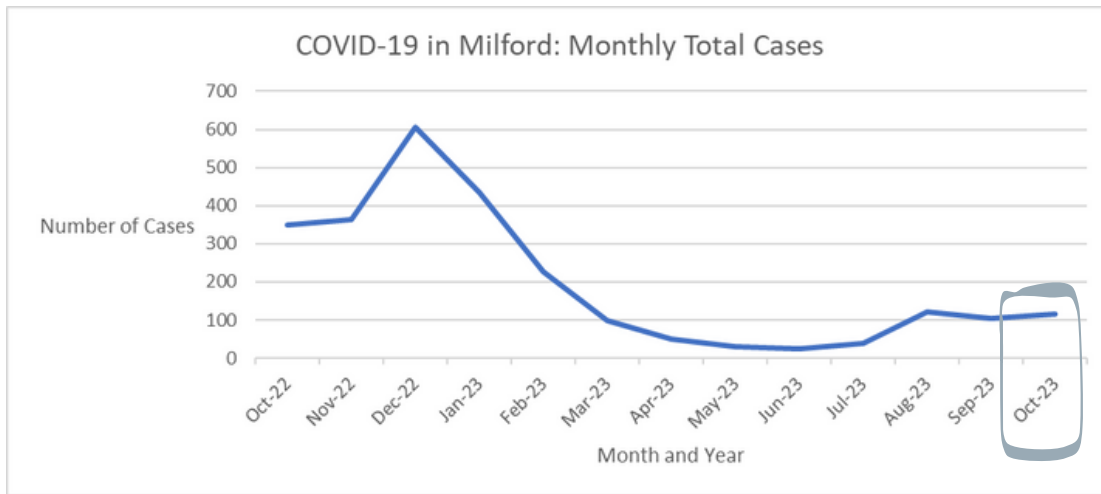*WORKING TOGETHER FOR A HEALTHIER COMMUNITY*

Overview

LET'S SEE THE NUMBERS...

117

COVID-19 CASES WERE REPORTED

An increase from the previous month, but still relatively low.

With **117** cases for the month, it is an increase from September (**103**), but still lower than what was seen in August (**122**). It is also lower than what was seen in the October in 2022 (**349**). It is possible that there are some unrecorded cases due to lower rates of testing.
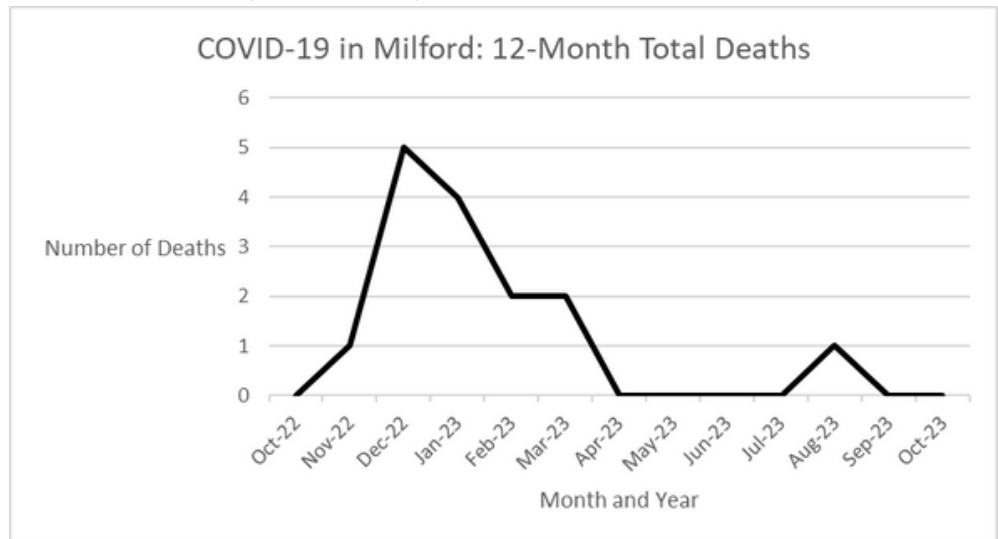
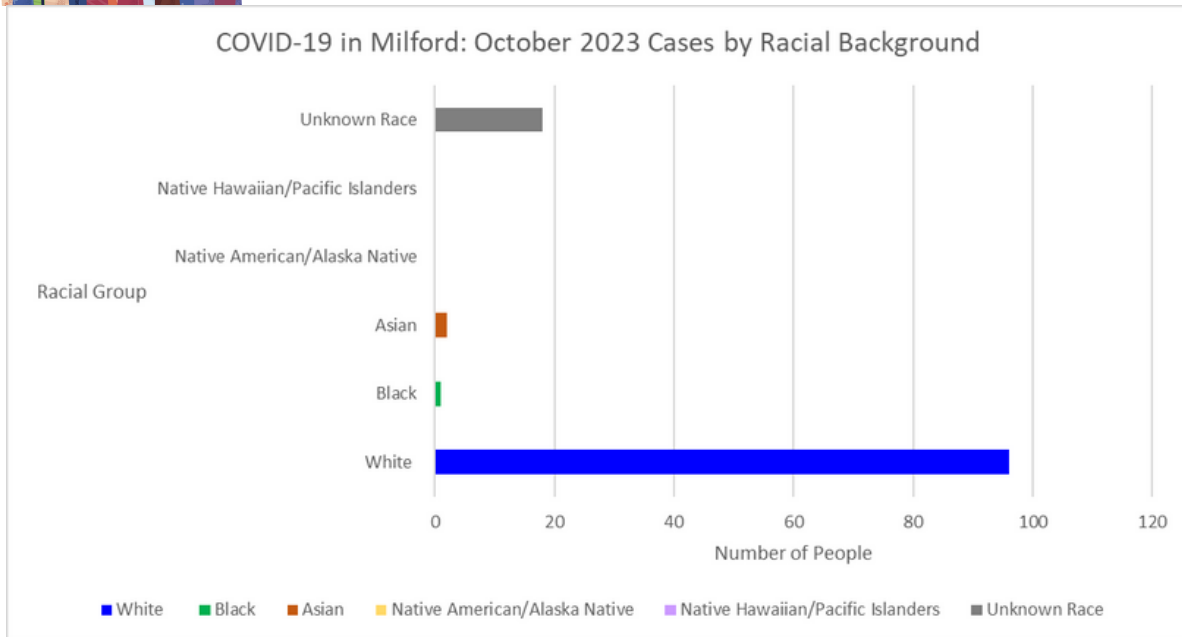COVID-19 in Milford: Monthly Total Cases

FOLLOWING THE DATA

0

COVID-19 Deaths

As was the case in September, no deaths attributed to COVID-19 were recorded in October. This is in spite of the slight caseload increase.
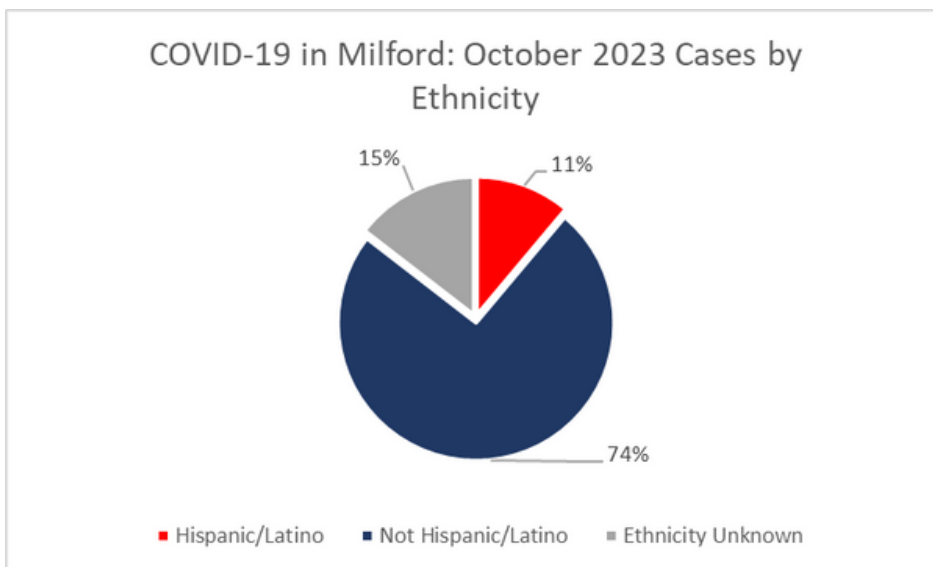
FOLLOWING THE DATA

COVID-19 in Milford: 12-Month Total Deaths

WORKING TOGETHER FOR A HEALTHIER COMMUNITY

Impact of COVID-19 by Racial and Ethnic Groups

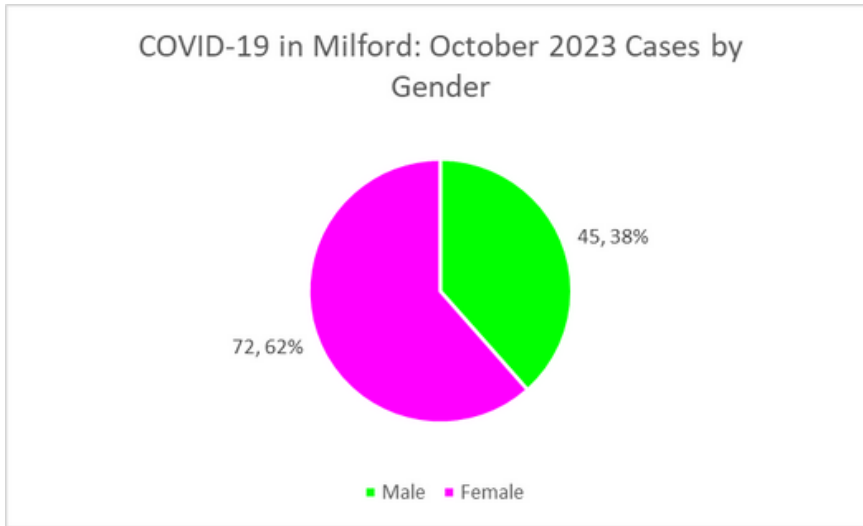COVID-19 in Milford: October 2023 Cases by Racial Background

Black Americans accounted for 1% of all cases in October, while **Asian** and **White** Americans accounted for 2% and 82% respectively. Compared to how each of those groups constitutes 2.3%, 6.3%, and 84.6% of Milford's population respectively, no group was disproportionately represented.

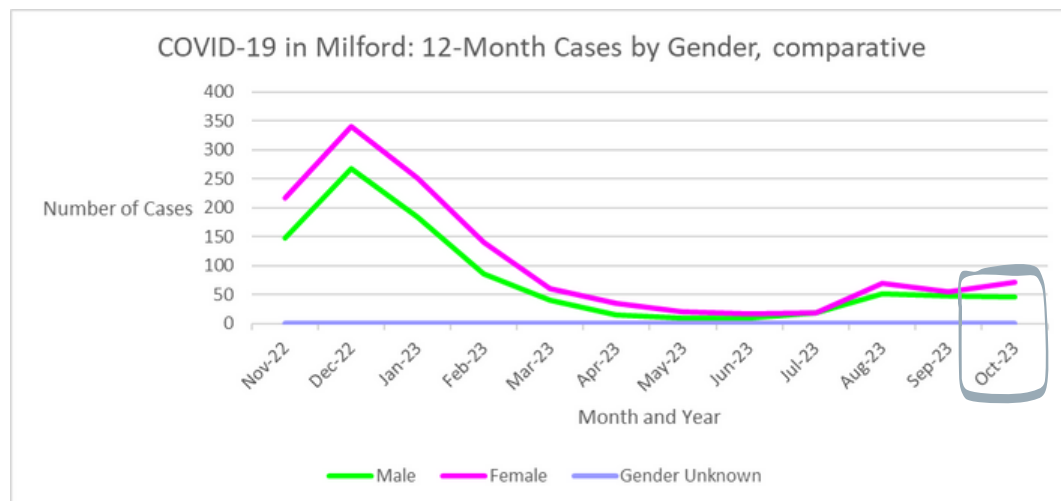COVID-19 in Milford: October 2023 Cases by Ethnicity

On the other hand, Hispanic Americans accounted for 11% of all COVID-19 cases for the month; the highest in several months. This is a greater share than the population's representation in the 2020 U.S. Census.
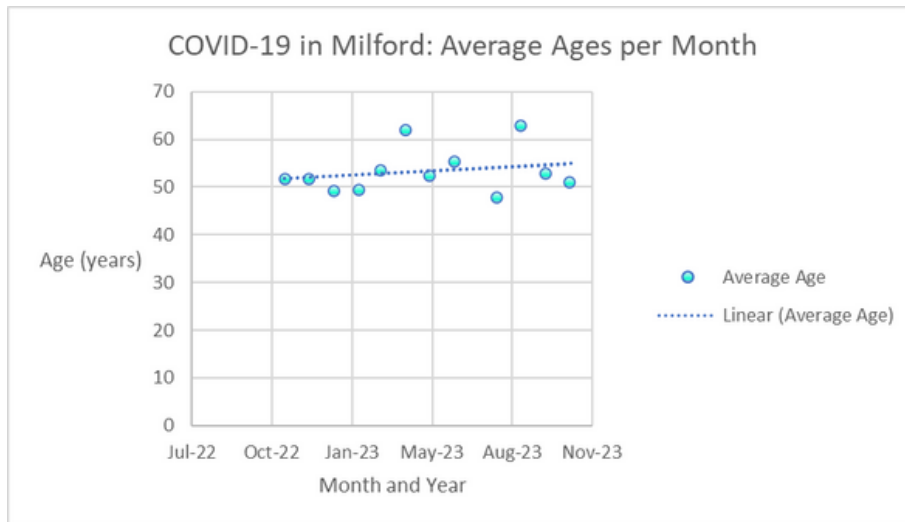
COVID-19 by Gender

COVID-19 in Milford: October 2023 Cases by Gender

45, 38%
72, 62%

■ Male ■ Female

The ever-present gender gap widened in this month, with females accounting for 62% of all cases of COVID-19, while males only accounted for 38%. This is a greater divide than what was seen in September with 53% and 47% for females and males respectively.

COVID-19 in Milford: 12-Month Cases by Gender, comparative

Number of Cases

Nov-22, Dec-22, Jan-23, Feb-23, Mar-23, Apr-23, May-23, Jun-23, Jul-23, Aug-23, Sep-23, Oct-23

Month and Year

—— Male —— Female —— Gender Unknown

COVID-19 by Age-related Statistics

COVID-19 in Milford: Average Ages per Month

In October, most people who reported cases of COVID-19 were patients in their late 40s and early 50s, as was the case in September. The average age of patients was around **51** years old, slightly lower than in the last month.
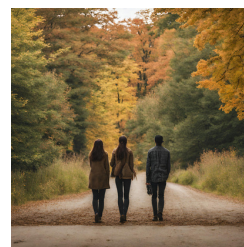
Staying Safe with COVID-19

- Remember to get yourself **vaccinated**! It's the best way to keep yourself safe. The vaccine saves lives and helps prevent severe disease. It can also reduce the risk of Long COVID. Even if you catch the virus after being vaccinated, COVID-19 vaccines are effective at protecting you from getting seriously ill, being hospitalized, or dying.
- The Centers for Disease Control and Prevention and the Milford Health Department recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this fall and winter. Call the Milford Health Department or visit vaccines.gov to find out about where you can go to get vaccinated.

If you are experiencing symptoms of COVID-19, here are some tips on what to do:

- Call your medical provider to report symptoms and discuss testing recommendations. For uninsured individuals, go to testinglocator.cdc.gov to find a no-cost testing site in CT.
- If you test positive, speak with your physician about using a medication such as Paxlovid.
- Stay at home to avoid spreading the virus. If you absolutely have to go anywhere, wear a mask while doing so. Visit the Center for Disease Control's website for more tips, too.
- Get plenty of rest and avoid exerting yourself.
- If you are experiencing severe symptoms, go to your nearest emergency room or call 911.

Scan this QR code to read more tips!

Report by: **Avinash V. Veeraraghav**, MPH
Epidemiologist

Edited and Reviewed by: **Jennifer Clarke-Lofters**, MPA
Community Health Coordinator
Joan Campbell, MSN, RN
Director of Nursing

Approved by: **Deepa Joseph**, MPH
Health Director