MILFORD HEALTH DEPARTMENT
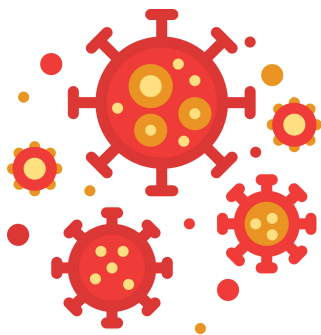
COVID-19 MONTHLY REPORT

November 2023 Edition

The following information is included in this report:

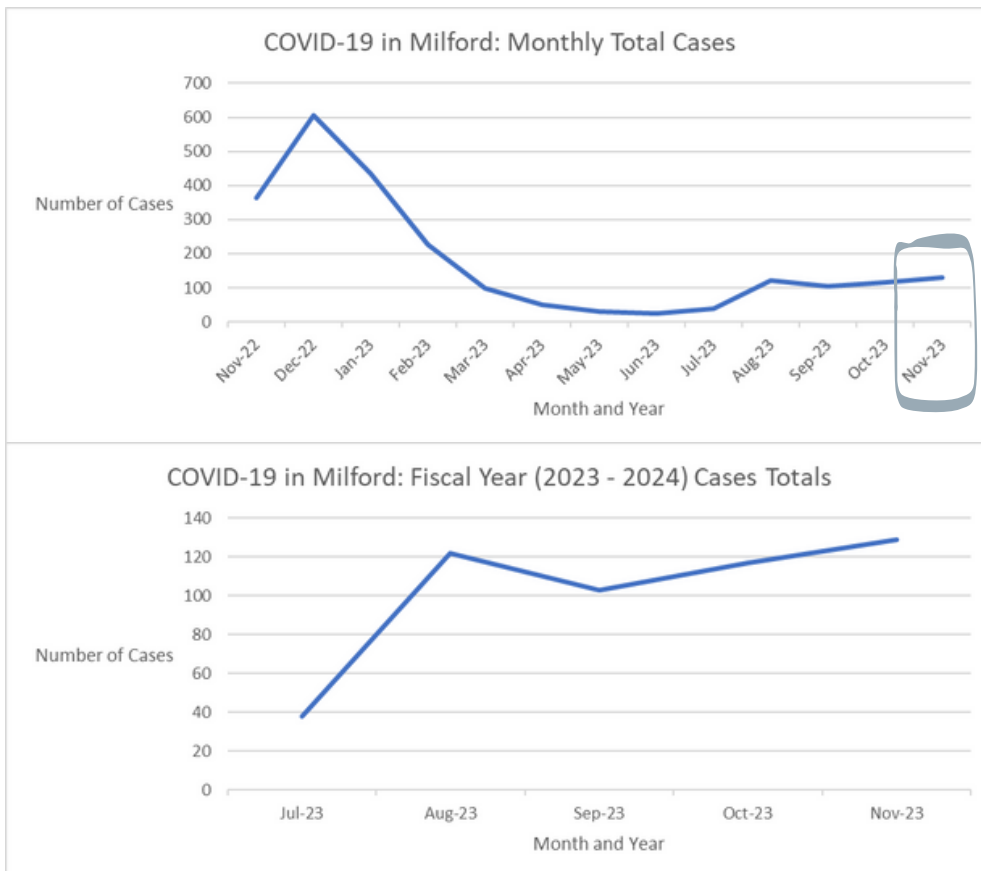*WORKING TOGETHER FOR A HEALTHIER COMMUNITY*

Overview

129

COVID-19 CASES WERE REPORTED

LET'S SEE THE NUMBERS...

While still lower than 1 year ago, it shows a slight increase in cases from the previous month.

With **129** cases of COVID-19 recorded, the increases of cases observed in October (**117**) is sustained. It is lower than the caseload for November of 2022 (**365**). It is possible that there are unrecorded cases due to lower rates of testing.
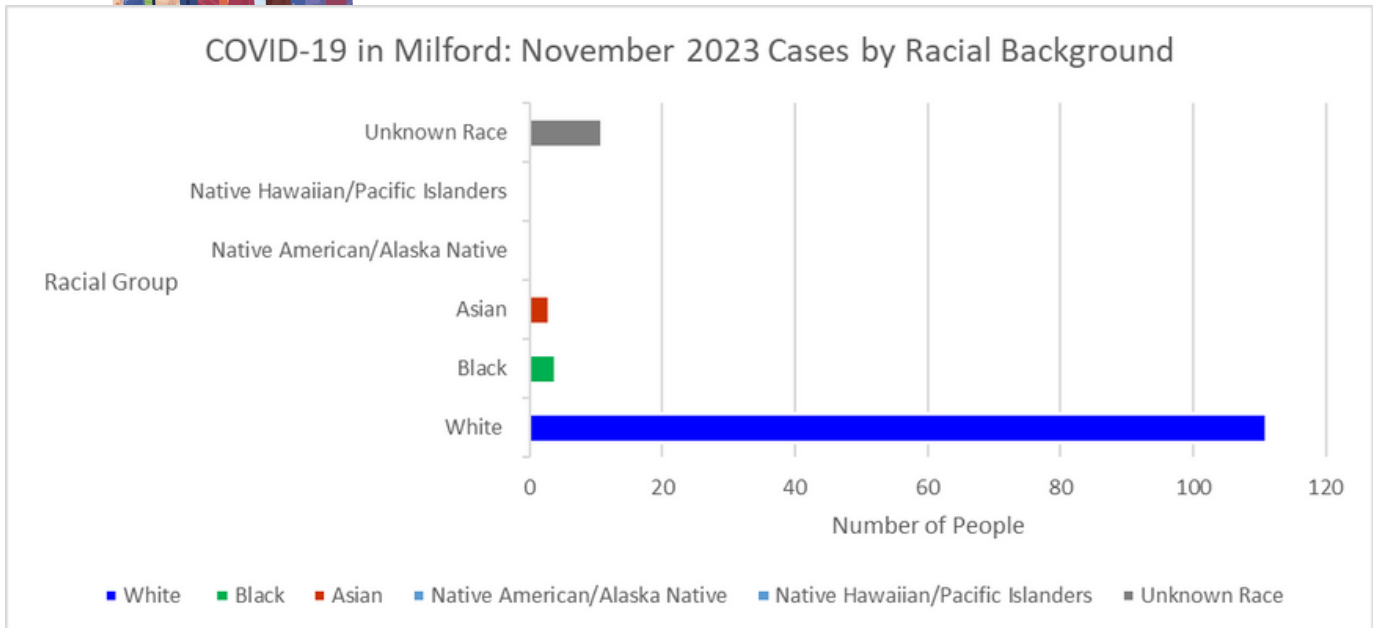

FOLLOWING THE DATA

FOLLOWING THE DATA
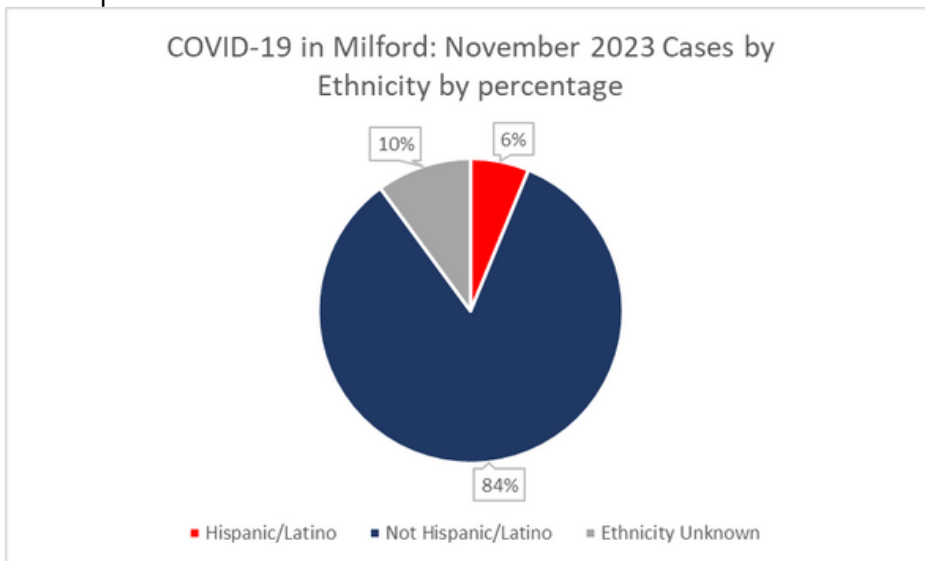
0
COVID-19 Death(s)

In spite of the increase in cases, there were no deaths attributed to COVID-19 recorded in November.

Impact of COVID-19 by Racial and Ethnic Groups

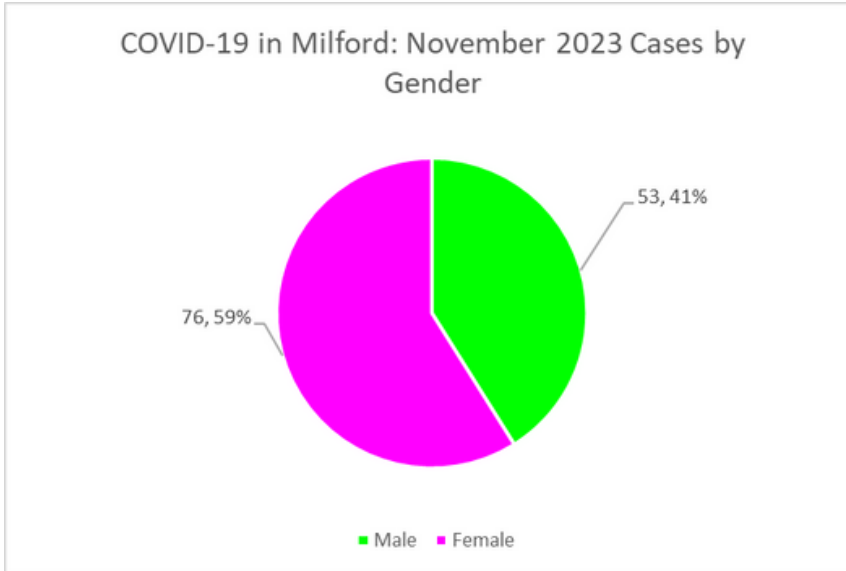COVID-19 in Milford: November 2023 Cases by Racial Background

Black Americans accounted for 3% of all cases, while **Asian** and **White** Americans accounted for 2% and 86% of all cases respectively. As the racial groups constitute 2.3%, 6%, and 84.6% of Milford's population respectively, **Black** and **White** Americans are overrepresented in these statistics.
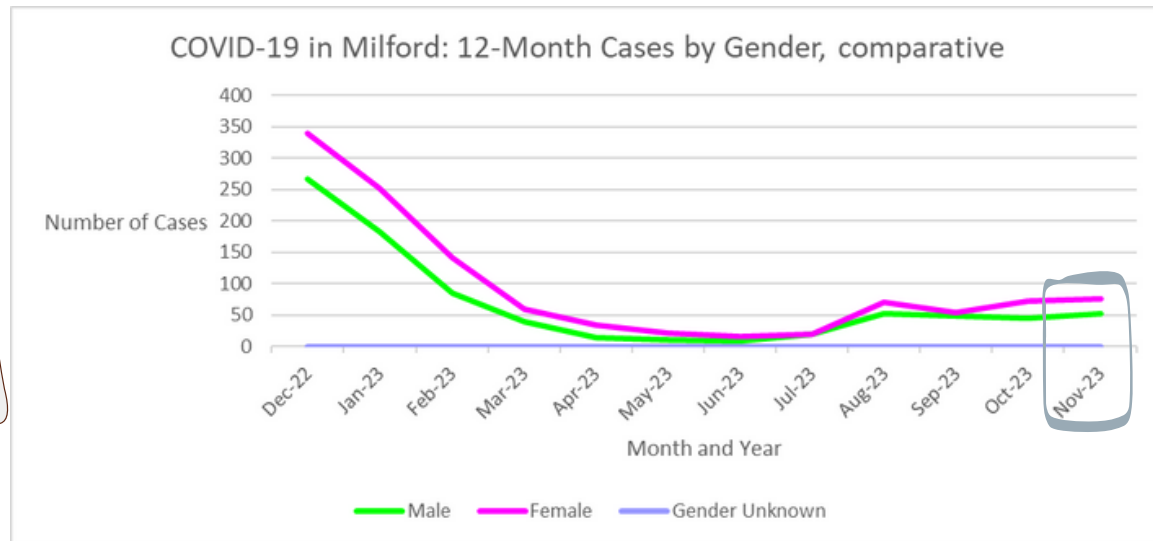

COVID-19 in Milford: November 2023 Cases by Ethnicity by percentage

Hispanic Americans accounted for around 6% of all cases of COVID-19 for the month, which is lower than the population's 8% share of Milford's population.
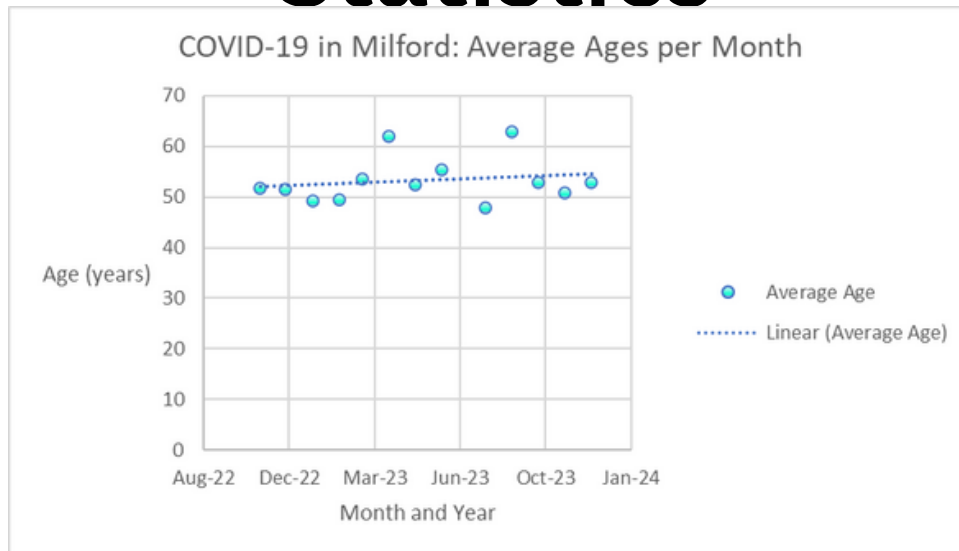
COVID-19 by Gender

COVID-19 in Milford: November 2023 Cases by Gender

53, 41%

76, 59%

■ Male ■ Female

The gender gap persists in November with males accounting for 41% and females accounting for 59% of all cases. The divide is slightly less pronounced than in October with 38% and 62% respectively.

COVID-19 in Milford: 12-Month Cases by Gender, comparative

Number of Cases

400
350
300
250
200
150
100
50
0

Dec-22 Jan-23 Feb-23 Mar-23 Apr-23 May-23 Jun-23 Jul-23 Aug-23 Sep-23 Oct-23 Nov-23

Month and Year

— Male — Female — Gender Unknown

COVID-19 by Age-related Statistics

COVID-19 in Milford: Average Ages per Month

In November, most people who reported cases of COVID-19 were in their late 40s and early to mid 50s, with a slight increase in age from October. The average age of patients was **53** years old.
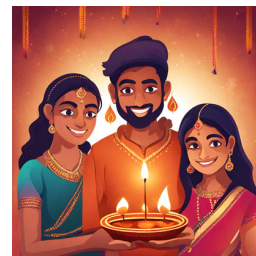
Staying Safe with COVID-19

- Remember to get yourself **vaccinated**! It's the best way to keep yourself safe. The vaccine saves lives and helps prevent severe disease. It can also reduce the risk of Long COVID. Even if you catch the virus after being vaccinated, COVID-19 vaccines are effective at protecting you from getting seriously ill, being hospitalized, or dying.
- The Centers for Disease Control and Prevention and the Milford Health Department recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this fall and winter. Call the Milford Health Department or visit vaccines.gov to find out about where you can go to get vaccinated.

If you are experiencing symptoms of COVID-19, here are some tips on what to do:

- Call your medical provider to report symptoms and discuss testing recommendations. For uninsured individuals, go to testinglocator.cdc.gov to find a no-cost testing site in CT.
- If you test positive, speak with your physician about using a medication such as Paxlovid.
- Stay at home to avoid spreading the virus. If you absolutely have to go anywhere, wear a mask while doing so. Visit the Center for Disease Control's website for more tips, too.
- If you are experiencing severe symptoms, go to your nearest emergency room or call 911.

Scan this QR code to read more tips!

Report by:
Avinash V. Veeraraghav, MPH
Epidemiologist

Edited and Reviewed by:
Jennifer Clarke-Lofters, MPA
Community Health Coordinator
Joan Campbell, MSN, RN
Director of Nursing

Approved by:
Deepa Joseph, MPH
Health Director

WORKING TOGETHER FOR A HEALTHIER COMMUNITY