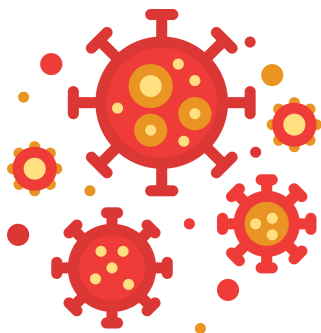# MILFORD HEALTH DEPARTMENT

COVID-19 MONTHLY REPORT

January 2024 Edition

The following information is included in this report:

WORKING TOGETHER FOR A HEALTHIER COMMUNITY

Overview

261

COVID-19 CASES WERE REPORTED

LET'S SEE THE NUMBERS...

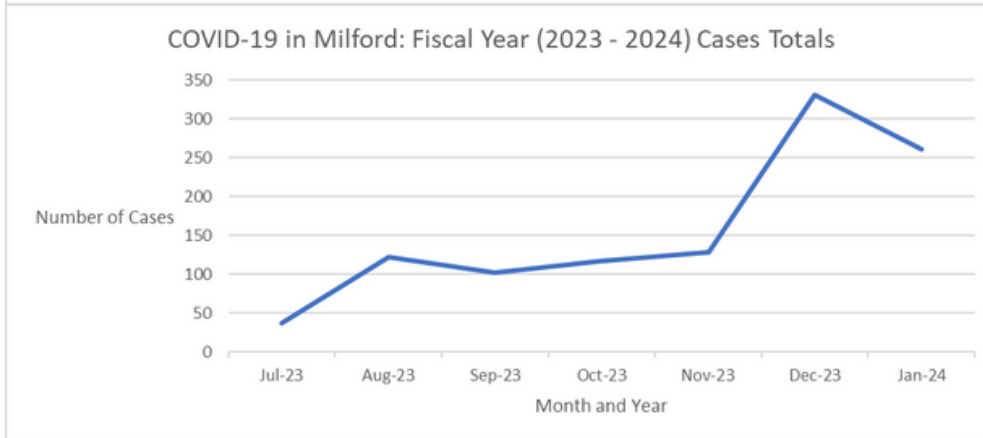### The total number of cases has decreased from the last month but remains high.

With **261** cases recorded for January, it is a decrease from the **331** recorded in December but still higher than the totals for other months in this fiscal year.
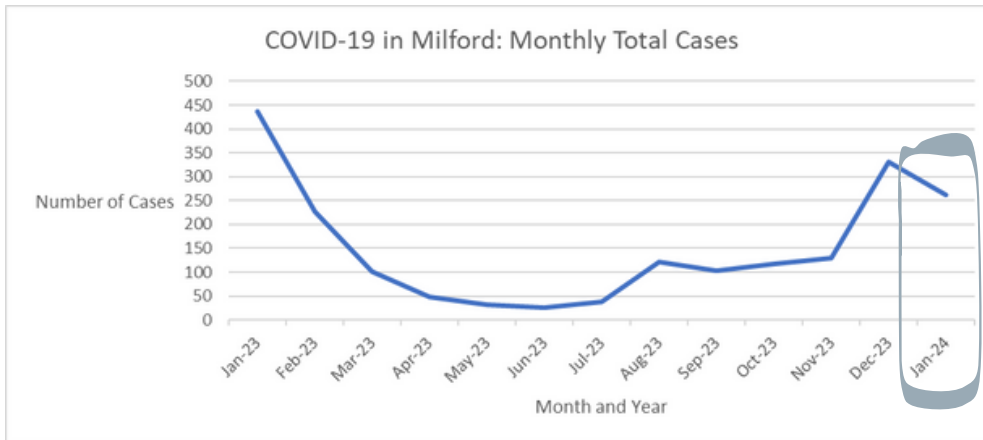
FOLLOWING THE DATA

Comparing the years:

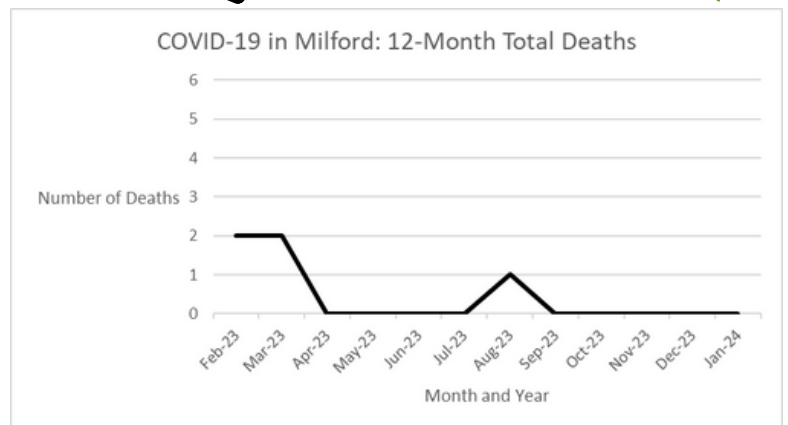| Month	2022-2023 Caseload	2023-2024 Caseload
July	548	38
August	468	122
September	443	103
October	349	117
November	365	129
December	607	331
January	436	261

FOLLOWING THE DATA

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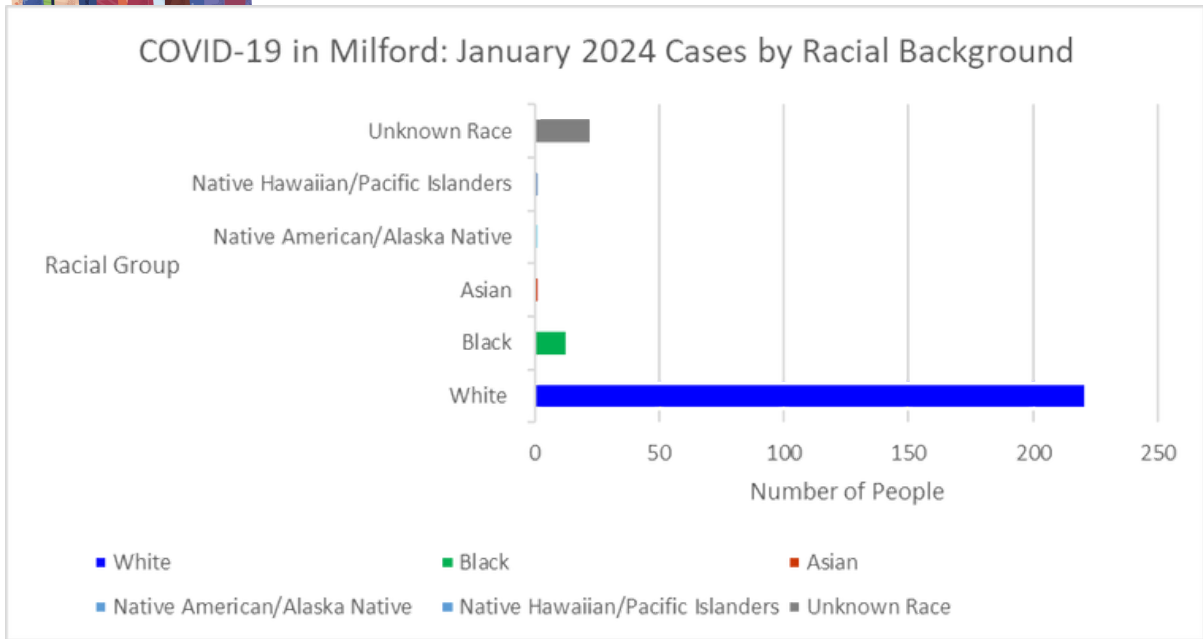## COVID-19 Deaths

As has been the case for the last several months, no deaths attributed to COVID-19 were recorded in January.

Impact of COVID-19 by Racial and Ethnic Groups

COVID-19 in Milford: January 2024 Cases by Racial Background

White Americans constituted the majority of cases at 85%, with Black Americans reporting 5% of cases. Asian Americans accounted for only 1% of cases, while Native Hawaiian/Pacific Islander Americans and Alaska Native/Indigenous Americans reported less than 1% each.

COVID-19 in Milford: January 2024 Cases by Ethnicity by percentage
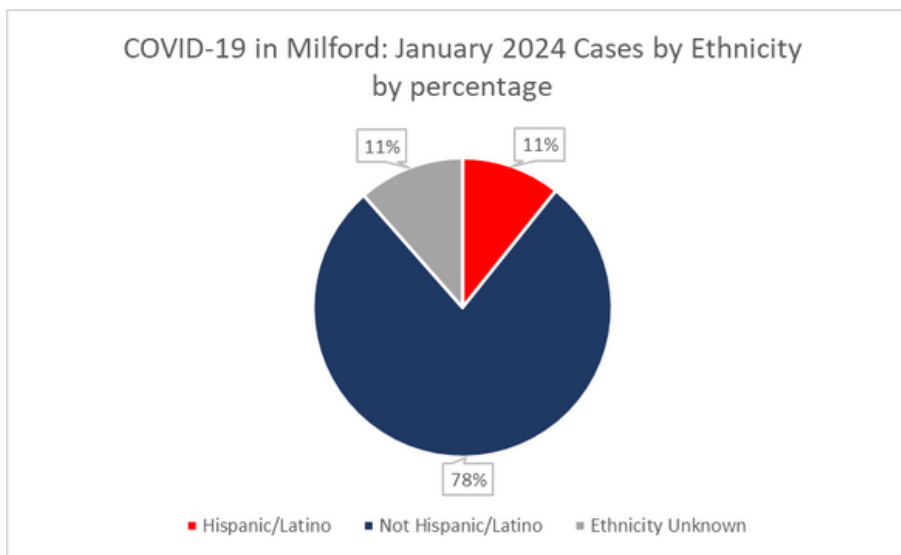
Hispanic and **Latino Americans** constituted 11% of all cases, while **non-Hispanic/Latino Americans** constituted 78% of cases. The remaining 11% of cases were recorded by patients who did not report their ethnicity. For Hispanic and Latino Americans, this is equivalent to their share of Milford's population.

COVID-19 by Age-related Statistics

COVID-19 in Milford: Average Ages per Month
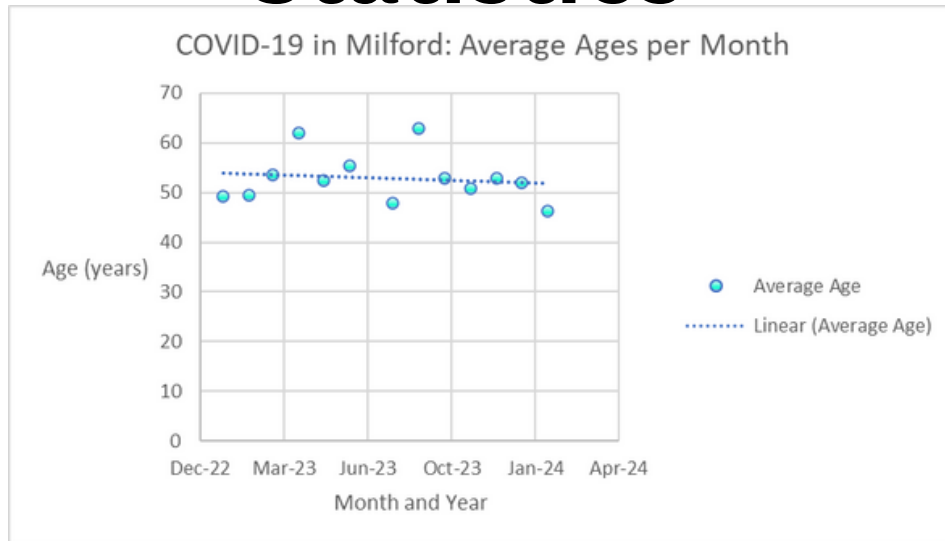
In January, most people who tested positive for COVID-19 were in their late 40s; this is a slightly younger age group than in December. The average age of patients with COVID-19 is around 46 years old for January.

Staying Safe with COVID-19

- Remember to get yourself **vaccinated**! It's the best way to keep yourself safe. The vaccine saves lives and helps prevent severe disease. It can also reduce the risk of Long COVID. Even if you catch the virus after being vaccinated, COVID-19 vaccines are effective at protecting you from getting seriously ill, being hospitalized, or dying.
- The Centers for Disease Control and Prevention and the Milford Health Department recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this winter. Call the Milford Health Department or visit vaccines.gov to find out about where you can go to get vaccinated.

If you are experiencing symptoms of COVID-19, here are some tips on what to do:

- Call your medical provider to report symptoms and discuss testing recommendations. For uninsured individuals, go to testinglocator.cdc.gov to find a no-cost testing site in CT.
- If you test positive:
  - to avoid spreading the virus, stay at home for at least 5 days and isolate from others in your home as this is when you are most likely to be infectious.
  - speak with your physician about using a medication such as Paxlovid.
  - wear a high-quality mask if you must be around others at home or in public.
  - use a separate bathroom, if possible.
  - avoid sharing personal items such as cups, towels, and utensils.
- If you are experiencing severe symptoms, go to your nearest emergency room or call 911.

Scan this QR code to visit the CDC's website to read more tips!

All data were obtained through the Connecticut Loal Health Department Data Portal, which is run by the state Department of Public Health and the State of Connecticut.

Report by:

Edited and Reviewed by:
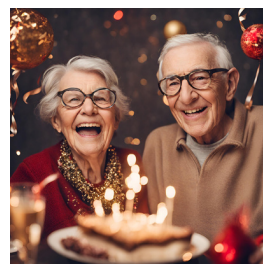
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