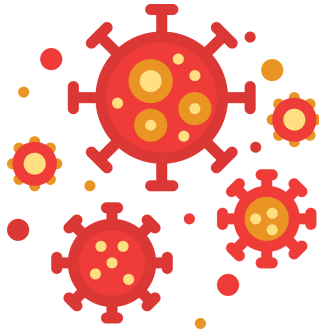


MILFORD HEALTH DEPARTMENT COVID-19 MONTHLY REPORT

December 2023 Edition



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Overview



IN THIS MONTH...

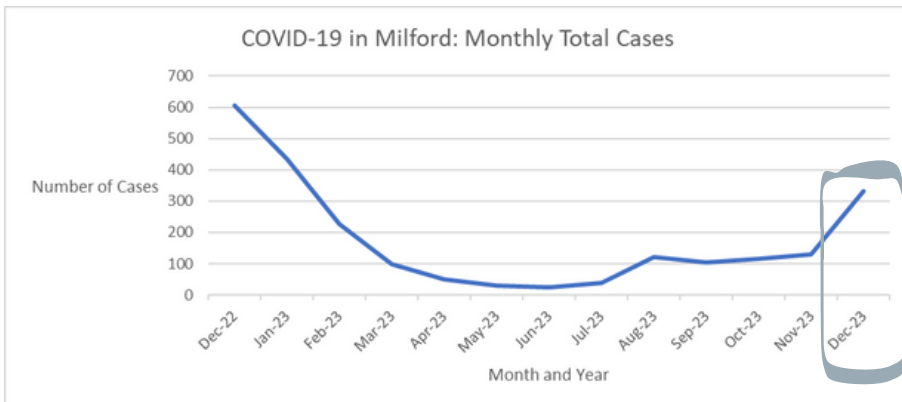
331

COVID-19 CASES WERE REPORTED

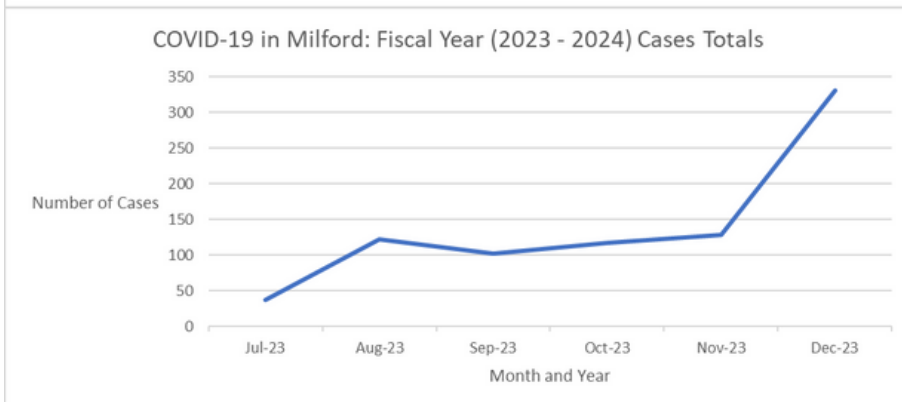
LET'S SEE THE NUMBERS...

After slight increases for months, a staggering increase has appeared with a nearly tripled caseload.

With **331** cases of COVID-19 reported for December, it is the highest number of cases reported since January (**436**) and is much higher than the total in November (**129**). The number of cases across September (**103**), October (**117**) and November combined is only slightly more than the case total for December. It is also possible that there are unrecorded cases due to lower rates of testing.



FOLLOWING THE DATA



FOLLOWING THE DATA

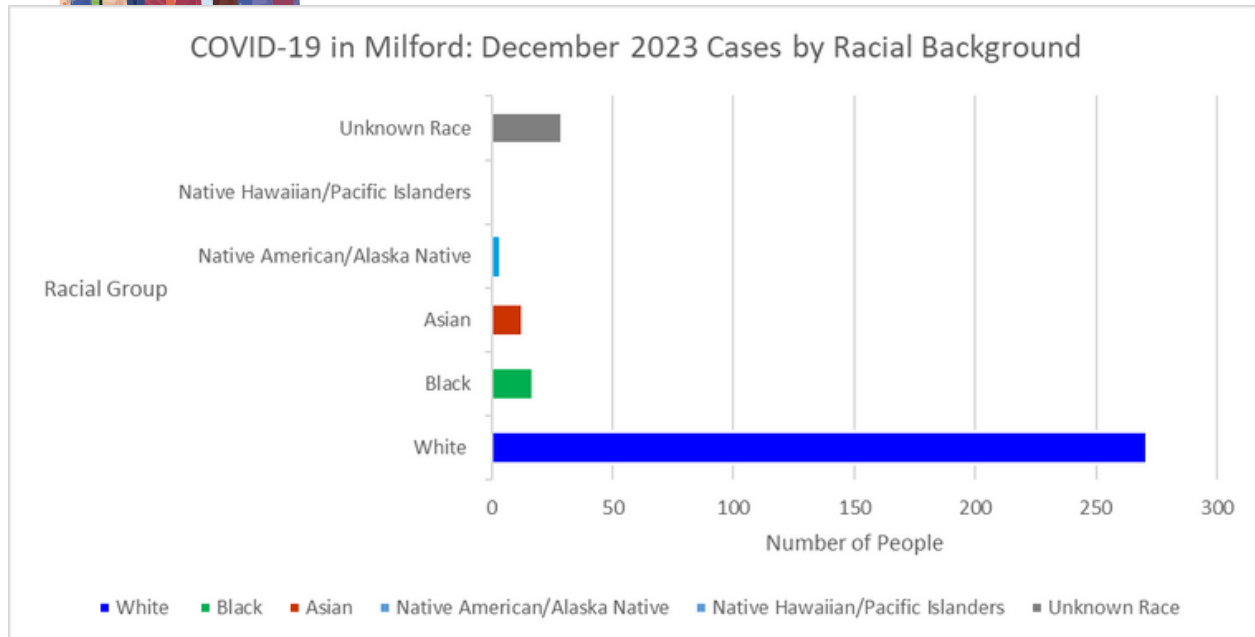
0

COVID-19 Deaths

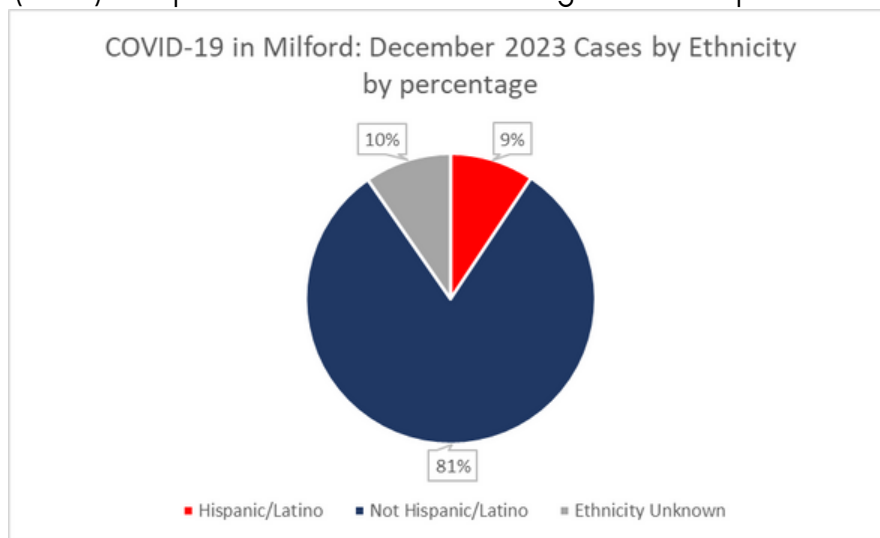
In spite of the drastic increases in cases, December was like preceding months in that no deaths attributed to COVID-19 were recorded.



Impact of COVID-19 by Racial and Ethnic Groups



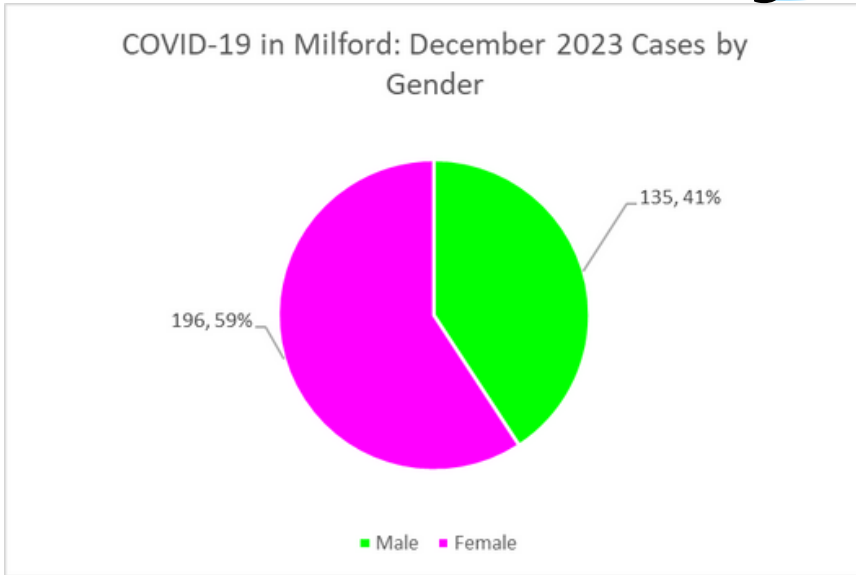
In December, **Black** Americans accounted for around 5% of all cases and **White** Americans did so for 82% of cases, while **Asian** Americans constituted 4% of cases. **Native Americans/Alaska Natives** accounted for less than 1% of all cases. **Black** Americans' share of cases accounted for more than twice their share of Milford's population (2.3%). People of **unknown** racial backgrounds comprised 9% of all cases.



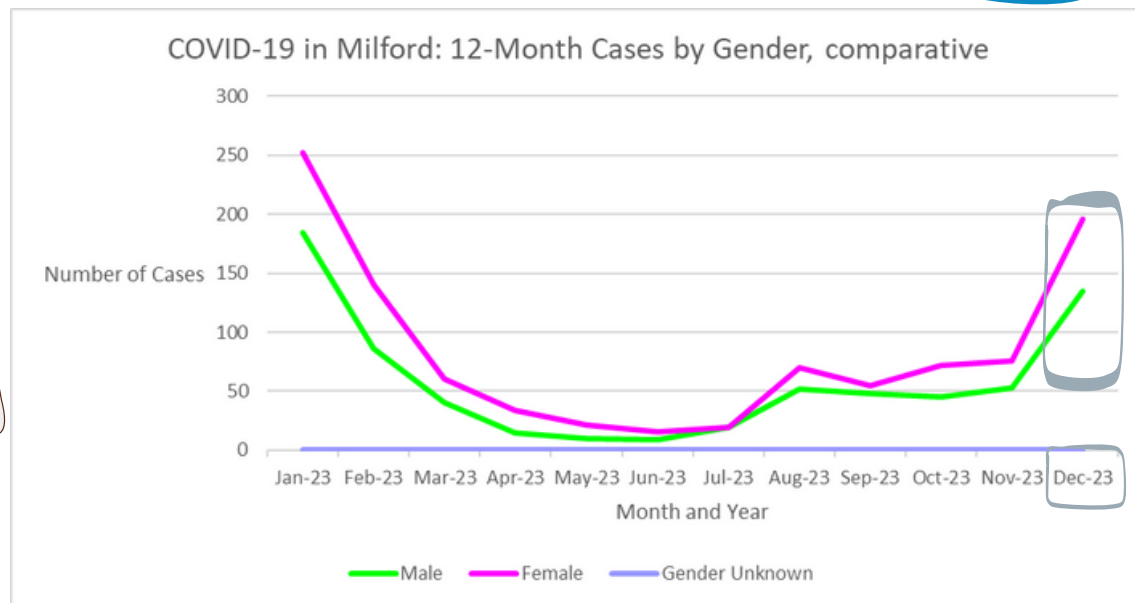
Hispanic and Latino Americans accounted for around 9% of all cases, which is very slightly higher than the group's share of the population (8%) per the 2020 Census.



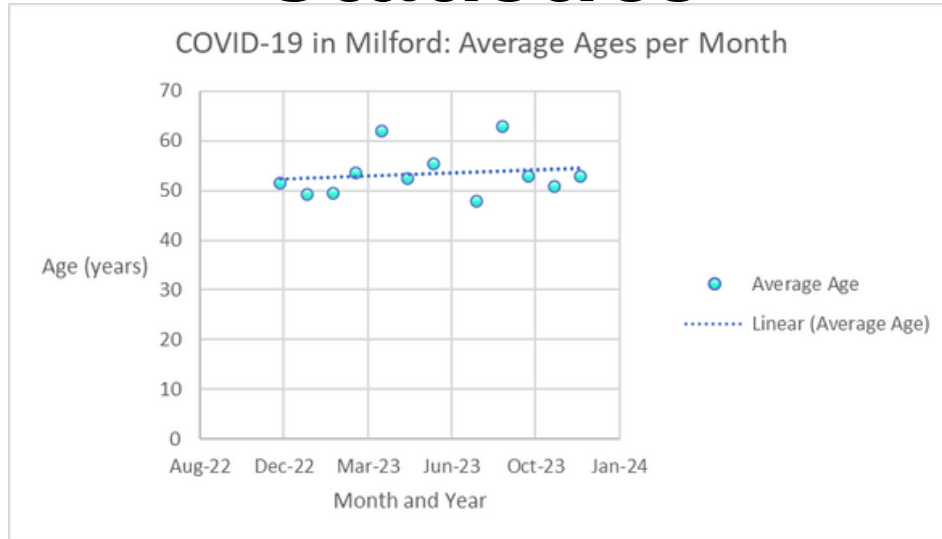
COVID-19 by Gender



The gender gap remained for December, with **females** once again accounting for 59% of all cases and **males** with 41%. This is similar to what was observed in November.



COVID-19 by Age-related Statistics



In December, most people who reported cases of COVID-19 were in their late 40s and early to mid 50s, as was the case in the previous month. The average age of patients was 52 years old.



Staying Safe with COVID-19

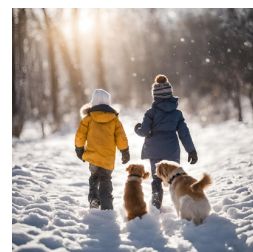
- Remember to get yourself **vaccinated!** It's the best way to keep yourself safe. The vaccine saves lives and helps prevent severe disease. It can also reduce the risk of Long COVID. Even if you catch the virus after being vaccinated, COVID-19 vaccines are effective at protecting you from getting seriously ill, being hospitalized, or dying.
- The Centers for Disease Control and Prevention and the Milford Health Department recommends everyone 6 months and older get an updated COVID-19 vaccine to protect against potentially serious COVID-19 outcomes this winter. Call the Milford Health Department or visit [vaccines.gov](https://www.vaccines.gov) to find out about where you can go to get vaccinated.

If you are experiencing symptoms of COVID-19, here are some tips on what to do:

- Call your medical provider to report symptoms and discuss testing recommendations. For uninsured individuals, go to [testinglocator.cdc.gov](https://www.testinglocator.cdc.gov) to find a no-cost testing site in CT.
- If you test positive, speak with your physician about using a medication such as Paxlovid.
- Stay at home to avoid spreading the virus. If you absolutely have to go anywhere, wear a mask while doing so. Visit the Center for Disease Control's website for more tips, too.
- Get plenty of rest and avoid exerting yourself.
- If you are experiencing severe symptoms, go to your nearest emergency room or call 911.



Scan this QR code to read more tips!



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