

The MCMC CareSys Workers' Compensation Medical Care Plan

City of Milford

**EFFECTIVE DATE OF PLAN IS:
OCTOBER 8, 2013**

**REVISED DATE:
OCTOBER 1, 2016
JANUARY 1, 2017**

Prepared for:

**PMA Management Corp. of New England
101 Barnes Road
Suite 300
Wallingford, CT 06492**

City of Milford Medical Care Plan

To All Employees:

City of Milford has elected to become a participating employer in an Employers Medical Care Plan filed with the Connecticut Workers' Compensation Commission. The Employer Medical Care Plan allows City of Milford to direct employees to a list of medical providers for treatment of work-related injuries and illnesses. **Employees are obliged to obtain treatment from providers in the approved plan; failure to do so may suspend an employees' right to receive workers' compensation benefits, subject to the order of a Worker's Compensation Commissioner.** The City of Milford Employer Medical Care Plan is part of **The MCMC CareSys Medical Care Plan**, of PMA Management Corp. of New England, the employer's risk management firm. The effective date of the Employers Medical Care Plan is October 8, 2013. The revised date is effective January 1, 2017.

As an employee of City of Milford, you must report a work-related injury or illness to your supervisor, who will complete a First Report of Injury Form before the end of the shift. If you require medical intervention or evaluation for your injury, you will be directed to your choice from an occupational health center to receive treatment. If you require further medical treatment, contact your program coordinator. If you have a medical emergency, go to the nearest emergency department.

You may obtain follow-up medical care from providers listed on The MCMC CareSys Medical Care Plan directory, which is available through your program coordinator. Should your injury require specialty treatment not available in The MCMC CareSys Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment.

Please review the medical care plan guide, and sign the Employee Acknowledgment, recognizing your understanding and that you have read and understand the process for treatment of work-related injuries or illnesses.

If you are out of work as a result of your work-related injury, you will be contacted regularly by your program coordinator and/or **the PMA Management Corp. of New England** Claims Coordinator to determine that your medical needs are met. Each of you is an important member of the **City of Milford** and the purpose of this program is to ensure you receive appropriate medical treatment in a timely manner to facilitate recovery.

The City of Milford Medical Care Plan includes a utilization review company which is available to you should there be any questions or disputes about the level and/or quality of care.

The Management staffs at City of Milford, PMA Management Corp. of New England, and MCMC CareSys llc are available to assist you from the time of your injury through recovery and return to work.

TWELVE QUESTIONS

You Ask About Workers' Compensation Protection.

1. What is Workers' Compensation?

The purpose of Workers' Compensation is to provide injured workers and those who depend upon them with a means of support when they are unable to work because of a **work-related** disability. Its purpose also is to bring about a prompt recovery. Workers' compensation is basically a no-fault system with benefits paid, no matter who is responsible.

2. What is a "Work-Related Injury or Illness?"

The term "Work-Related Injury or Illness" is used to describe any injury or disease which results from work or working conditions and which occurs during the employee's service to the employer.

3. Who handles a Workers' Compensation claim?

PMA Management Corp. of New England is the claims administrator for City of Milford. They administer all compensation benefits an injured worker is entitled to receive. If you have any questions about workers' compensation, contact your program coordinator or PMA Management Corp. of New England.

4. How do you get benefits?

Report the injury to your supervisor immediately! Just specify what, where, when and how it happened, enough information so that he/she can complete the First Report of Injury form.

Prompt reporting is the key. Benefits are automatic for work-related injuries or illnesses. But, nothing can happen until your employer knows about the injury, no matter how slight. Even a cut finger can be disabling if an infection develops.

5. What if you need prescription drugs?

All prescriptions needed because of a workers' compensation illness or injury are reimbursed by workers' compensation insurance.

6. What is the compensation for total disability?

Compensation for Total Disability is money that you receive if the Medical Provider certifies that your illness or injury causes you to lose more than three (3) days of work. You can expect that the amount will be 75% of your net earnings, subject to a minimum and maximum determined by law.

City of Milford and PMA Management Corp. of New England work closely with the Medical Provider. When the Medical Provider releases you to return to full duty, the temporary disability wage support stops.

7. What if the doctor releases you to modified work?

Bring your physician's written instructions to your program coordinator immediately. City of Milford will try to provide you with a temporary modified duty position to meet your doctor's specified restrictions. If the pay rate for your modified duty position is less than the pay rate for your regular position, your weekly compensation will be 75%, of the difference in the after tax earnings between the two positions.

8. What is permanent disability?

Permanent disability is a term, which describes the lasting effect of an on-the-job injury or illness. If you have a permanent physical limitation from your injury or illness, PMA Management Corp. of New England provides you with additional payment. As you would expect, the amount of payment depends upon the effect of the injury. The State of Connecticut Workers' Compensation law establishes a schedule for payment of permanent disability injuries or illnesses based on your percentage of disability, as determined by your physician and your salary at the time of the injury.

9. Where do you obtain medical treatment?

Prompt medical care is a key element to a fast recovery from an injury or illness. Emergency medical care and medical follow-up treatment can often mean the difference between complete recovery from an injury or lasting physical disability. If you become injured at work, **GET EMERGENCY MEDICAL CARE IMMEDIATELY FROM THE NEAREST EMERGENCY DEPARTMENT OR MEDICAL CARE PLAN MEDICAL CENTER.**

If you are injured during regular working hours, you should report your injury to your supervisor and proceed to a plan primary care center. If you become injured when the centers are closed, you should go to the nearest **emergency department.**

10. What if you need continuing medical treatment?

In the event an employee's injury requires additional medical care beyond the initial visit to the emergency department, a choice of a primary care physician will continue to provide necessary treatment and referrals to specialists when needed.

Should your injury require specialty treatment not available in The MCMC CareSys Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment

Employees are required to obtain treatment from providers in the approved plan. Failure to do so may suspend an employee's right to receive workers' compensation benefits, subject to the order of a Workers' Compensation Commissioner.

11. What if you have further questions?

If you have further questions regarding your workers' compensation benefits, contact your program coordinator or PMA Management Corp. of New England Claims Manager at 203-679-3900 or 1-800-379-0276.

12. What if you question your medical treatment?

MCMC CareSys can review the medical care and services being provided to you. They can be contacted at 1-800-992-5531 ext 7257.

Modified Duty Procedure

Policy

City of Milford will provide modified duty whenever possible to all employees who have a reduced work capacity as a result of an occupational injury/illness.

Purpose

To permit the injured employee to remain in the work environment and to affect an expedient return to his/her regular job.

1. The designated Workers' Compensation Coordinator for City of Milford will initiate and maintain contact with both the employee and his/her supervisor following a work related injury.
2. The physician will be asked to assess the employee's ability to return to duty in either a full or modified capacity, based on a description of the employee's regular work. The physician must specify in writing the type and duration of any restriction.
3. The designated Workers' Compensation Coordinator will inform the department supervisor of the employee's readiness to return to work, identifying full or limited work capacity.
4. Based on the physician's determination of the employee's work capacity, the supervisor must decide if the employee's job may be modified by temporarily:
 - (a) Eliminating or modifying specific tasks;
 - (b) Reducing the work hours and/or days;
 - (c) Reassigning the employee to a more appropriate position.
5. If the unit or department is unable to place the employee in a suitable position, the administrator will try to locate an appropriate position in another unit or department.
6. The employee will be reevaluated at the end of each restriction period and the position will be modified according to the employee's progress. Both the employee and department supervisor will be informed of what should be expected of the employee at each stage.
7. At the end of eight weeks, the employee will be evaluated as to the need to extend modified duty, resume full duties, be permanently reassigned to a more appropriate position or be directed to a retraining program offered by the State of Connecticut.

City of Milford

I, the undersigned employee of City of Milford, have reviewed a copy of the City of Milford Employer Medical Care Plan Requirements. I understand that failure to follow the plan's requirements may suspend my rights to receive workers' compensation benefits subject to the order of a workers' compensation commissioner.

Print Name _____

Employee Signature _____

Date _____

The Workers' Compensation document "*Payor and Medical Provider Guidelines to Improve the Coordination of Medical Services*" is available for viewing by employees. A copy will be provided to any employee upon request. Otherwise, this document is available from the injured employee's Supervisor, Manager and/or Department Head.

I have not requested a copy of the "*Payor and Medical Provider Guidelines to Improve the Coordination of Medical Services*" at this time. I understand I can request a copy at any time.

Employee's Signature _____

Date _____

City of Milford

Medical Network for Workers' Compensation

Emergency care may be obtained at the nearest emergency department or center. For your convenience the closest emergency department to your primary place of employment is:

Primary Care Center		
<p>Huntington Walk-In Medical Center 267 Grant Street Bridgeport, CT 06610 (203) 225-6020</p> <p>Huntington Walk-In Medical Center 887 Bridgeport Avenue Shelton, CT 06484 (203) 225-6020</p>		<p>Multicare Medical Center 232 Boston Post Road, Suite 11 Milford, CT 06460 (203) 876-2179</p> <p>St. Vincent's Urgent Care Center 3272 Main Street Stratford, CT 06614 (203) 380-3920</p>
Chiropractic Medicine		
<p>Advanced Back & Neck Center 1700 Boston Avenue Bridgeport, CT 06606 (203) 333-8645 Kudej, Edward DC</p> <p>Advanced Back & Neck Center 555 Boston Post Road Milford, CT 06460 (203) 878-8803 Kudej, Edward DC</p> <p>Back to Health of Branford, LLC 400 West Main Street Branford, CT 06405 (203) 483-7778 Russo, Michael DC</p>	<p>Bellows Chiropractic 25 Lindeman Drive Trumbull, CT 06611 (203) 373-0315 Bellows, Kevin DC</p> <p>East Haven Chiropractic 75 High Street East Haven, CT 06512 (203) 469-6296 Nastri, Dennis DC</p> <p>Corsello Clinic of Chiropractic 2021 Main Street Stratford, CT 06615 (203) 381-1800 Corsello, Edward DC</p> <p>Peter J. Schioppo, D.C., PC 633 Orange Street New Haven, CT 06511 (203) 562-4051 Schioppo, Peter DC</p>	<p>Rubino Back & Neck Care Center 130 Saw Mill Road West Haven, CT 06516 (203) 933-9404 Rubino Jr., Robert DC</p> <p>Seybridge Chiropractic Center 36 New Haven Road Seymour, CT 06483 (203) 888-7246 Signoriello, John DC</p> <p>Silver Medical & Rehabilitation Group, LLC 28 South Main Street Cheshire, CT 06410 (203) 271-3296 Sparke, Christopher DC</p>

Hand Surgery

<p>Center for Orthopaedics, P.C. a division of Connecticut Orthopaedic Specialists 1224 Main Street Lockworks Square Branford, CT 06405 (203) 481-9906 Altman, Mark MD</p> <p>Center for Orthopaedics, P.C. a division of Connecticut Orthopaedic Specialists Spring Glen Medical Center 2200 Whitney Avenue Suite 170 Hamden, CT 06518 (203) 281-4400 Altman, Mark MD</p> <p>Center for Orthopaedics, P.C. a division of Connecticut Orthopaedic Specialists 20 Commerce Park Milford, CT 06460 (203) 876-1723 Altman, Mark MD</p> <p>Center for Orthopaedics, P.C. a division of Connecticut Orthopaedic Specialists 60 Temple Street, Suite 3-B New Haven, CT 06510 (203) 562-2663 Altman, Mark MD</p> <p>Center for Orthopaedics, P.C. a division of Connecticut Orthopaedic Specialists 148 East Avenue, Suite 2E Norwalk, CT 06851 (203) 853-2967 Altman, Mark MD</p> <p>Connecticut Orthopaedic Specialists 84 North Main Street, Building 2 Branford, CT 06405 (203) 407-1500 Aversa, John MD Scanlan, Mark MD</p>	<p>Connecticut Orthopaedic Specialists 2408 Whitney Avenue Hamden, CT 06518 (203) 407-3500 Aversa, John MD Scanlan, Mark MD</p> <p>Connecticut Orthopaedic Specialists 258 Broad Street Milford, CT 06460 (203) 877-5522 Weisman, Tedd MD (203) 301-5010 Aversa, John MD Scanlan, Mark MD</p> <p>Connecticut Orthopaedic Specialists 464 Boston Post Road Orange, CT 06477 (203) 877-5522 Weisman, Tedd MD</p> <p>Connecticut Orthopaedic Specialists 330 Boston Post Road, Suite 310 Orange, CT 06477 (203) 301-5010 Aversa, John MD Scanlan, Mark MD</p> <p>Connecticut Orthopaedic Specialists 1 Greenwich Place 889 Bridgeport Avenue Shelton, CT 06484 (203) 538-0020 Aversa, John MD Scanlan, Mark MD</p> <p>St. Vincent's Multispecialty Group 2660 Main Street, Suite 311 Bridgeport, CT 06606 (203) 367-4008 Gross, Stewart MD</p>	<p>Jeffrey C. Salomon, MD, FACS 245 Amity Road, Suite 108 Woodbridge, CT 06525 (203) 624-4346 Salomon, Jeffrey MD</p> <p>Orthopaedic Specialty Group 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Backe, Jr., Henry MD</p> <p>Orthopaedic Specialty Group 2909 Main Street Stratford, CT 06497 (203) 337-2600 Backe, Jr., Henry MD</p> <p>Orthopaedic Specialty Group 2 Enterprise Drive, Suite 204 Shelton, CT 06484 (203) 944-0042 Backe, Jr., Henry MD</p> <p>Yale Orthopaedics 20 Commerce Park Milford, CT 06460 (203) 882-8138 Swigart, Carrie MD</p> <p>Yale Orthopaedics 1 Long Wharf Drive Yale Sports Medicine Center New Haven, CT 06511 (203) 764-9771 Swigart, Carrie MD</p> <p>Yale Orthopaedics 800 Howard Avenue New Haven, CT 06519 (203) 785-2579 Swigart, Carrie MD</p>
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Neurosurgery		
<p>Abraham Mintz, MD, PC 5520 Park Avenue, Suite 210 Trumbull, CT 06611 (203) 372-6460 Mintz, Abraham MD</p> <p>Connecticut Neurosurgical Specialists, P.C. 267 Grant Street, 8th Floor Bridgeport, CT 06610 (203) 384-4500 Lipow, Kenneth MD Zimmerman, Gary MD</p> <p>Connecticut Neurosurgical Specialists, P.C. 52 Beach Road Fairfield, CT 06824 (203) 384-4500 Lipow, Kenneth MD Zimmerman, Gary MD</p> <p>Hartford HealthCare Medical Group 85 Seymour Street, Suite 709 Hartford, CT 06102 (860) 696-2290 Bauman, Joel MD</p>	<p>HHC PhysiciansCare, Inc. 85 Barnes Road Wallingford, CT 06492 (203) 265-9122 Bauman, Joel MD</p> <p>Neurosurgery, Orthopaedic & Spine Specialists, P.C. 330 Bridgeport Avenue Shelton, CT 06484 (203) 755-6677 Gorelick, Judith MD</p> <p>Neurosurgery, Orthopaedic & Spine Specialists, P.C. 2 Pomperaug Office Park, Suite 308 Southbury, CT 06488 (203) 264-2878 Karnasiewicz, Michael MD Mushaweh, Jarob MD Strugar, John MD Torrey, Stephen MD Waitze, Alan MD</p> <p>Neurosurgery, Orthopaedic & Spine Specialists, P.C. 22 Poverty Road Southbury, CT 06488 (800) 463-8764 Waitze, Alan MD</p>	<p>New Haven Neurosurgical Associates 60 Temple Street Suite 4C New Haven, CT 06510 (203) 772-4001 Dickey, Phillip MD</p> <p>Orthopaedic Specialty Group, PC 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Shear, Perry MD</p> <p>Orthopaedic Specialty Group, PC 2 Enterprise Drive Suite 204 Shelton, CT 06484 (203) 944-0042 Shear, Perry MD</p> <p>Orthopaedic Specialty Group, PC 2909 Main Street Stratford, CT 06497 (203) 337-2600 Shear, Perry MD</p>
Occupational Medicine		
<p>Yale Occupational and Environment Medicine 135 College Street, 3rd Floor New Haven, CT 06510 Telephone: (203) 785-4197 Rabinowitz, Peter M., M.D. Redlich, Carrie A., M.D. Russi, Mark B., M.D.</p>		

Orthopedics

**Center for Orthopaedics, P.C. –
a division of Connecticut Orthopaedic
Specialists ****

1224 Main Street
Lockworks Square
Branford, CT 06405
(203) 481-9906

Altman, Mark MD
Daigneault, John MD
Mayor, Rowland MD

**Center for Orthopaedics, P.C. –
a division of Connecticut Orthopaedic
Specialists ****

Spring Glen Medical Center
2200 Whitney Avenue Suite 170
Hamden, CT 06518
(203) 281-4400

Altman, Mark MD
Daigneault, John MD
Mayor, Rowland MD

**Center for Orthopaedics, P.C. –
a division of Connecticut Orthopaedic
Specialists ****

20 Commerce Park
Milford, CT 06460
(203) 876-1723

Altman, Mark MD
Daigneault, John MD
Mayor, Rowland MD

**Center for Orthopaedics, P.C. –
a division of Connecticut Orthopaedic
Specialists ****

60 Temple Street, Suite 3-B
New Haven, CT 06510
(203) 562-2663

Altman, Mark MD
Daigneault, John MD
Mayor, Rowland MD

**Center for Orthopaedics, P.C. –
a division of Connecticut Orthopaedic
Specialists ****

148 East Avenue, Suite 2E
Norwalk, CT 06851
(203) 853-2967

Altman, Mark MD

**Center for Orthopaedics can also be used
for Orthopedic Initial Treatment

Connecticut Orthopaedic Specialists

258 Broad Street
Milford, CT 06460-3226
203.877.5522

Lahav, Amit MD
Schachter, Aaron MD
Weisman, Tedd, M.D.

Connecticut Orthopaedic Specialists

464 Boston Post Road
Orange, CT 06477
(203) 877-5522

Lahav, Amit MD
Schachter, Aaron MD
Weisman, Tedd, M.D.

Connecticut Orthopaedic Specialists

1 Greenwich Place
889 Bridgeport Avenue
Shelton, CT 06484
(203) 877-5522

Lahav, Amit MD
Schachter, Aaron MD
Weisman, Tedd, M.D.

Connecticut Orthopaedic Specialists

1000 Yale Avenue
Wallingford, CT
(203) 265-1800

Aversa, John MD
Diana, Richard MD
Kelley, John MD
Klauser, Jeffrey MD
McCallum, John MD
Scanlan, Mark MD

OrthoCare Specialists, LLC

2900 Main Street
Stratford, CT 06614
(203) 386-1455

Brown, David MD
Gordon, Matthew MD

Orthopaedic Specialty Group, P.C.

305 Black Rock Turnpike
Fairfield, CT 06824
(203) 337-2600

Awad, John MD
Backe, Jr., Henry M
Bindelglass, David MDD
Brittis, Dante MD
Dawe, Robert MD
Fabian, Lauren MD

Orthopaedic & Sports Medicine Ctr

1055 Post Road
Fairfield, CT 06824
(203) 254-1055

Boone, Peter MD
Girasole, Gerard MD
Redler, Michael MD
Spak, James MD
Weiland, Daniel MD

Orthopaedic & Sports Medicine Ctr

888 White Plains Road
Trumbull, CT 06611
(203) 268-2882

Boone, Peter MD
Girasole, Gerard MD
Martin, David MD
Redler, Michael MD
Spak, James MD
Weiland, Daniel MD

St. Vincent's Multispecialty Group, Inc

Orthopaedic Surgery
401 Monroe Turnpike
Monroe, CT 06468
(203) 696-3564

Belkin, Stuart MD

**The Orthopaedic Group –
a division of CT Orthopedic Specialists**

469 West Main Street
Branford, CT 06405
(203) 315-6784

Bernstein, Richard MD
Irving, John MD
Lynch, Christopher MD
Reznik, Alan MD
Wijesekera, Shirvinda MD
Zell, Richard MD

**The Orthopaedic Group –
a division of CT Orthopedic Specialists**

9 Washington Avenue
Hamden, CT 06518
(203) 865-6784-

Bernstein, Richard MD
Irving, John MD
Lynch, Christopher MD
Reznik, Alan MD
Wijesekera, Shirvinda MD
Zell, Richard MD

<p>Connecticut Orthopaedic Specialists 84 North Main Street, Building 2 Branford, CT 06405 (203) 483-2509 Ferrucci, Allen M., MD Klauser, Jeffrey MD Scanlan, Mark MD Cohen, David MD</p> <p>Connecticut Orthopaedic Specialists 450 Boston Post Road, Suite 101 Guilford, CT 06437 (203) 301-5010 Aversa, John MD Kelley, John MD Klauser, Jeffrey MD Moran, Thomas MD Scanlan, Mark MD</p> <p>Connecticut Orthopaedic Specialists 2408 Whitney Avenue Hamden, CT 06518 (203) 407-3500 Aversa, John MD Beiner, John MD Cohen, David MD Diana, Richard MD Ferrucci, Allen M., MD Kelley, John MD Klauser, Jeffrey MD McCallum, John MD Moran, Thomas MD Scanlan, Mark MD</p>	<p>Hermele, Herbert MD Kwok, Patrick MD Langeland, Rolf MD Malin, Joel MD Stanton, Robert MD</p> <p>Orthopaedic Specialty Group, P.C. 2 Enterprise Drive, Suite 204 Shelton, CT 06484 (203) 944-0042 Awad, John MD Bindelglass, David MD Brittis, Dante MD Dawe, Robert MD Fabian, Lauren MD Hermele, Herbert MD Kwok, Patrick MD Langeland, Rolf MD Malin, Joel MD</p> <p>Orthopaedic Specialty Group, P.C. 2909 Main Street Stratford, CT 06497 (203) 337-2600 Awad, John MD Backe, Jr., Henry MD Bindelglass, David MD Brittis, Dante MD Dawe, Robert MD Fabian, Lauren MD Hermele, Herbert MD Kwok, Patrick MD Langeland, Rolf MD Malin, Joel MD Stanton, Robert MD</p> <p>Orthopaedic & Sports Medicine Ctr 100 Beard Sawmill Road Shelton, CT 06484 (203) 445-5550 Boone, Peter MD Martin, David MD Spak, James MD Weiland, Daniel MD</p>	<p>The Orthopaedic Group – a division of CT Orthopedic Specialists 30 Commerce Park, Suite 3B Milford, CT 06460 (203) 878-7778 Lynch, Christopher MD Wijesekera, Shirvinda MD</p> <p>Yale Orthopaedics 157 Goose Lane Guilford, CT 06437 (203) 453-1102 Baumgaertner, Michael MD Medvecky, Michael MD Swigart, Carrie MD</p> <p>Yale Orthopaedics 20 Commerce Park Milford, CT 06460 (203) 882-8138 Baumgaertner, Michael MD Medvecky, Michael MD Swigart, Carrie MD</p> <p>Yale Orthopaedics 800 Howard Avenue New Haven, CT 06519 (203) 785-2579 New Haven, CT 06519 (203) 785-2579 Baumgaertner, Michael MD Medvecky, Michael MD Swigart, Carrie MD</p>
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Pain Management		
<p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists 1224 Main Street Lockworks Square Branford, CT 06405 (203) 752-3100 Sakalkale, Durgadas MD</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists Spring Glen Medical Center 2200 Whitney Avenue Suite 170 Hamden, CT 06518 (203) 752-3100 Sakalkale, Durgadas MD</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists 60 Temple Street, Suite 3-B New Haven, CT 06510 (203) 752-3100 Sakalkale, Durgadas MD</p>	<p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists 20 Commerce Park Milford, CT 06460 (203) 876-1723 Sakalkale, Durgadas MD</p> <p>Connecticut Pain Care, P.C. 5520 Park Avenue, Suite 303 Trumbull, CT 06611 (203) 373-7330 Boolbol, Robert MD Sood, Pardeep MD</p> <p>OrthoCare Specialists, LLC 2900 Main Street Stratford, CT 06614 (203) 386-1455 Kelly, Sean MD, MPH</p> <p>Orthopaedic Specialty Group, PC 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Kirschenbaum, Lawrence MD</p> <p>Orthopaedic Specialty Group, PC 2909 Main Street Stratford, CT 06497 (203) 337-2600 Kirschenbaum, Lawrence MD</p>	<p>Orthopaedic Specialty Group, PC 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Saffir, Michael MD</p> <p>Orthopaedic Specialty Group, PC 2 Enterprise Drive, Suite 204 Shelton, CT 06484 (203) 944-0042 Saffir, Michael MD</p> <p>Orthopaedic Specialty Group, PC 2909 Main Street Stratford, CT 06497 (203) 337-5108 Saffir, Michael MD</p> <p>The Orthopaedic & Sports Medicine Center 100 Beard Sawmill Road Shelton, CT 06484 (203) 445-5550 Cohen, Isaac MD</p> <p>The Orthopaedic & Sports Medicine Center 888 White Plains Road Trumbull, CT 06611 (203) 268-2882 Cohen, Isaac MD Tekmyster, Gene DO</p>
Podiatry		
<p>Connecticut Orthopaedic Specialists 450 Boston Post Road, Suite 101 Guilford, CT 06437 (203) 453-6340 Caminear, David DPM De Lott, Jeffrey DPM</p> <p>Connecticut Orthopaedic Specialists 2408 Whitney Avenue Hamden, CT 06518 (203) 407-3528 Caminear, David DPM De Lott, Jeffrey DPM</p>	<p>Connecticut Orthopaedic Specialists 258 Broad Street Milford, CT 06460 (203) 301-5010 De Lott, Jeffrey DPM</p> <p>Connecticut Orthopaedic Specialists 330 Boston Post Road, Suite 310 Orange, CT 06477 (203) 795-4784 Caminear, David DPM De Lott, Jeffrey DPM</p>	<p>The Orthopaedic & Sports Medicine Center 2499 Main Street Stratford, CT 06615 (203) 377-0003 Feldman, Alan DPM</p> <p>The Orthopaedic & Sports Medicine Center 888 White Plains Road Trumbull, CT 06611 (203) 268-2882 Feldman, Alan DPM</p>

Physical Therapy Services

<p>Aquacise and Physical Therapy 167 Cherry Street Suite 415 Milford, CT 06460 (203) 882-0000</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists ** 1224 Main Street Lockworks Square Branford, CT 06405 (203) 752-3100</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists ** Spring Glen Medical Center 2200 Whitney Avenue Suite 170 Hamden, CT 06518 (203) 752-3100</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists ** 20 Commerce Park Milford, CT 06460 (203) 752-3100</p> <p>Center for Orthopaedics, P.C. – a division of Connecticut Orthopaedic Specialists ** 60 Temple Street Suite 3-B New Haven, CT 06510 (203) 752-3100 ** for CFO patients only</p>	<p>Center Rehabilitation & Sports Therapy 155 Hill Street, Suite B Milford, CT 06460 (203) 882-9384</p> <p>Hand Therapy Associates 245 Amity Road Woodbridge, CT 06525 (203) 389-8177</p> <p>Hand Therapy Associates 245 Amity Road Woodbridge, CT 06525 (203) 389-8177</p> <p>Orthopaedic Specialty Group, PC** 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 **for OSG patients only</p> <p>Orthopaedic Specialty Group, PC** 2 Enterprise Drive, Suite 204 Shelton, CT 06484 (203) 944-0042 **for OSG patients only</p> <p>Orthopaedic Specialty Group, PC** 2909 Main Street Stratford, CT 06497 (203) 337-2600 **for OSG patients only</p>	<p>Physicians Physical Therapy 544 Campbell Avenue West Haven, CT 06516 (203) 937-6150</p> <p>Rehabilitation Associates, Inc. 670 Boston Post Road Milford, CT 06460 (203) 783-1997</p> <p>Rubino Back & Neck Care Center 130 Saw Mill Road West Haven, CT 06516 (203) 933-9404</p> <p>Temple Physical Therapy aka Temple Health Services 680 South Main Street Suite 102 Cheshire, CT 06410 (203) 272-3120</p> <p>Temple Physical Therapy aka Temple Health Services 444 Foxon Road East Haven, CT 06512 (203) 468-4620</p> <p>Temple Physical Therapy aka Temple Health Services 230 George Street New Haven, CT 06510 (203) 498-5980</p>
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PLEASE NOTE: If an employee requires the services of a specialist that is not available in the MCMC CareSys Medical Care Plan, the Employee will be offered a choice of a specialist physician on the approved list of practicing medical providers established by the Commissioner.