

NOTICE:

Intent forms and past history questionnaire must be returned to the Milford Police Headquarters-430 Boston Post Road, Milford, CT 06460-No later than 5:00 PM on Friday, June 13th, 2014.

Applicants must be 21 years old by June 14th, 2014 to enter this process.

Date Rec'd: _____
Rec'd By: _____

**MILFORD POLICE DEPARTMENT
430 BOSTON POST ROAD
MILFORD, CT 06460**

INTENT TO ENTER POLICE APPLICANT PROCESS

(Last Name) (First Name) (Middle Name)

(Street) (City) (State) (Zip)

(Date of Birth) (Area Code) (Phone Number – Home)

(Social Security #) (Area Code) (Phone Number – Secondary)

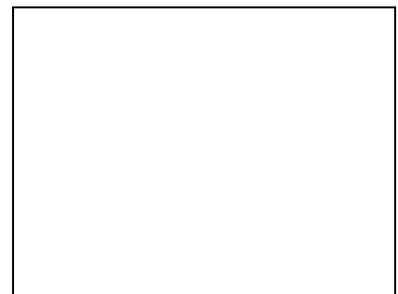
E-Mail Address _____ Pager/Cell # _____

Signature _____

Date _____

Note: This form and past history questionnaire must be completed and returned to the Milford Police Department Administrative Division no later than 5:00 p.m. on Friday, June 13th, 2014.

ADMINISTRATIVE PURPOSES ONLY – DO NOT WRITE BELOW THIS LINE



RIGHT INDEX FINGER

APPLICANT INFORMATION

The Milford Police Department will begin the testing of applicants to establish a list of appointment for full time positions as Police Officers, with the agility test being held on **Saturday, June 14th, 2014**.

You are requested to review the enclosed information carefully as it contains information, requirements, and qualifications needed to take part in the first phase of the testing process.

Enclosed in this package you will find the following:

1. Information on the Agility test.
2. Letter of Intent to Enter Testing Process (*Note: This form must be completed and returned to the Police Department, Administrative Division, no later than 5:00 p.m. on Friday, June 13th, 2014.*)
3. Information Sheet on benefits and qualifications.
4. Doctor's Certification of Fitness (*Note: Doctor must review Agility Battery instructions at time of physical. The doctor's Certification of Fitness Form must be completed and turned in at the Agility test. Fitness forms will be collected at the Agility test site only!*).
5. C.H.I.P. Card applicant information (to be used by applicants who have a valid CHIP card for the date of the agility test). Valid CHIP card applicants will be contacted, by mail, when the written test is scheduled. Valid CHIP card applicants are not to appear for the agility test.
6. Liability Waiver Form – (Collected at Agility test site only!).
7. Directions to Jonathan Law High School.

**The Agility test will be conducted at Jonathan Law High School on Saturday, June 14th, 2014*

RAIN OR SHINE!

**MILFORD POLICE DEPARTMENT
PAST HISTORY QUESTIONNAIRE**

Name _____ Date of Birth _____

Address _____ Social Security # _____

**** Read Each Question Carefully Before Answering****

Have you used marijuana at all within the last three years? Yes ___ No ___

Have you used any other illegal drug (including anabolic steroids after February 27, 1991) at all in the past 5 years? Yes ___ No ___

Have you ever sold any illegal drug for profit? Yes ___ No ___

Have you failed to register with the Selective Service System? (For males only) Yes ___ No ___

Have you been convicted of a felony **or** Class A **or** Class B Misdemeanor under State or Federal Law? Yes ___ No ___

Have you ever been convicted of any misdemeanor crime involving domestic violence? Yes ___ No ___

Have you ever committed an act, which would constitute perjury or false statement? Yes ___ No ___

*If you answered "yes" to any of the above questions
you will not be allowed to enter this process. Any false statement on this application is grounds for removal
from the process.*

If you checked "no" to all of these questions, please sign and return with your Intent Form.

I, _____, being duly sworn, depose and say that I am the above named person. I have read and answered each and every preceding question in its entirety and I do solemnly swear that each and every answer is full, true and correct to the best of my knowledge and belief.

I further agree that should any investigation disclose any misrepresentation, falsification or omission, my application may be rejected and my name removed from the eligible lists. If already appointed, I may be discharged.

Applicant Signature

Important:

1. Applicants will be required to show a photo I.D. and will be fingerprinted at the test site. If your Letter of Intent has not been received at the Milford Police Department by **5:00 p.m. on Friday, June 13th, 2014**, you are ineligible to enter this process.
2. If you fail to have a completed Doctor's Certificate of Fitness to participate in the Agility test, you will ***not*** be allowed to take the agility test.

CHIP CARD APPLICANTS:

Applicants with valid C.H.I.P. cards must turn in their applications IN PERSON at Milford Police Headquarters. CHIP card applicants must bring the valid CHIP card and a Government issued photo ID (Driver's License preferred). The CHIP card and the photo ID will be photocopied at Police HQ's. Chip Cards MUST be valid on the date of the agility test. CHIP card applicants are not to appear for the agility test. CHIP card applicants do not need to have the "Doctor's Certificate of Fitness to Perform Agility Test" or "Waiver of Liability" forms completed. The rest of this application must be completed. CHIP cards applicants will be contacted, by mail, when the written test is scheduled.

AGILITY TEST DATE: Saturday, June 14th 2014

Applicants will be assigned times to appear based on the first letter of their last name.

Appearance Time**Last Name Beginning With:**

8:30 a.m.

A, B, C, D, E, F

9:15 a.m.

G, H, I, J, K, L, M, N

10:00 a.m.

O, P, Q, R, S, T, U, V, W, X, Y, Z

Note: The applicant must pass *all* phases of the Agility test to be allowed into the next phase of the examination process.

NO EXCEPTIONS TO THE ABOVE WILL BE ACCEPTED!

APPLICANTS, WHO SUCCESSFULLY PASS THE AGILITY TEST, WILL BE INVITED TO THE WRITTEN TEST, WHICH WILL BE SCHEDULED IN THE VERY NEAR FUTURE.

**CITY OF MILFORD
POLICE TRAINING ACADEMY
PHYSICAL AGILITY TEST**

Note: Bring Agility Battery instructions to your physical. They must be reviewed by your doctor.

DOCTOR'S CERTIFICATE OF FITNESS TO PERFORM AGILITY TEST

This is to certify that I have reviewed the attached four (4) elements of the Milford Physical Agility test and find that the candidate identified below

Can

Cannot

(Check applicable box)

Perform the elements of the test safely based on his/her physical condition.

Candidate's full name: _____

Candidate's date of birth: _____

Doctor's Name
(Typewritten or office stamp)

Date of doctor's exam _____ Doctor's State License # _____

Doctor's signature _____

I solemnly swear that the above doctor's physical and Certification of Fitness is true and accurate to the best of my knowledge, belief and abilities.

Candidate's signature _____

Date _____

MILFORD POLICE DEPARTMENT**AGILITY TEST****WAIVER OF LIABILITY**

Having been allowed to voluntarily participate in the Milford Police Department's entry-level physical agility test given on June 14th, 2014, it is agreed that the Milford Police Department and the City of Milford shall not be held liable for any injuries or damages received by myself in connection with said activities.

Name _____

Address _____

Date of Birth _____

Applicant's Signature _____

(To be signed at Agility Test in presence of witness)

Witness _____

Date/Place: Saturday, June 14th, 2014 Jonathan Law High School, Milford, CT

MILFORD POLICE DEPARTMENT
INFORMATION SHEET FOR POLICE APPLICANTS

Benefits:

- Forty (40) hour work week
- Salary – \$58,155--\$63,804
- Uniforms supplied by employer
- Longevity pay
- Thirteen (13) paid holidays
- Fifteen (15) sick days per year
- Vacation – Up to 29 days per year
- Health Insurance for employee and dependents
- Blue Cross/Blue Shield, Major Medical, Prescription and Dental Riders
- Life Insurance plan paid by employer
- Pension Plan with retirement available after twenty (20) years of service
- Promotions by examination after five (5) years of employment
- Education bonus paid for Associate's, Bachelor's and Master's Degrees in Police related fields
- Military buy back

To apply for the position of Police Officer with the City of Milford, you must:

- U.S. Citizen
- 21 years of age by June 14th, 2014
- Have a high school diploma or equivalent
- Eyesight correctable to 20-20
- Be in good physical condition with height and weight in proportion
- Be of good moral background
- Have not been convicted of any felony, any Class A or Class B misdemeanor or have committed any act, which would constitute perjury or false statement
- Holder of a valid driver's license with a good record
- Residence not required to take examination. If appointed, must reside in a city/town within a 15-mile radius of Milford Police Headquarters.

Applicants must undergo and successfully pass each of the following to be considered for appointments:

- Agility Test, Written Examination, Oral Examination, Psychological Examination
- Meet physical standards established by the Board of Police Commissioners. Physical Examination will be by Director of Health, City of Milford
- Extensive background investigation, including polygraph test
- Drug Screening

Directions to Jonathan Law High School:

From New Haven on I-95:

Take Exit 34 (Bridgeport Avenue)
Take left at end of ramp onto Bridgeport Avenue
Take Right at first set of traffic lights onto Lansdale Avenue
Jonathan Law High School on right (20 Lansdale Avenue)

From New York on I-95:

Take Exit 34 (Bridgeport Avenue)
Take left at end of ramp onto Bridgeport Avenue
Take Right at first set of traffic lights onto Lansdale Avenue
Jonathan Law High School on right (20 Lansdale Avenue)

MILFORD POLICE AGILITY TEST

Quick Reference Chart

PHYSICAL PERFORMANCE

Male Candidate

<u>Age</u>	<i>1 Minute of Sit-ups</i>	<i>Sit/Reach (Straight leg)</i>	<i>1 Minute of Push-Ups</i>	<i>1.5-Mile Run 40%</i>
20 – 29	38	16-1/2 in.	29	12:38
30 – 39	35	15-1/2 in.	24	12:58
40 – 49	29	14-1/4 in.	18	13:50
50 – 59	24	13-1/4 in.	13	15:06
60 – 69	19	12-1/2 in.	10	16:46

Female Candidate

<u>Age</u>	<i>1 Minute of Sit-ups</i>	<i>Sit/Reach (Straight leg)</i>	<i>1 Minute of Push-Ups</i>	<i>1.5-Mile Run 40%</i>
20 – 29	32	19-1/4 in.	15	14:50
30 – 39	25	18-1/4 in.	11	15:43
40 – 49	20	17-1/4 in.	9	16:31
50 – 59	14	16-3/4 in.	7	18:18

Sit-up **Muscular Endurance** – The score is the number of bent-leg sit-ups performed in one minute.

Flex **Flexibility** – The “sit-and-reach” test measures the flexibility of the lower back and hamstrings and the candidate’s range of motion. The test involves stretching out to touch the toes and beyond with extended arms from the sitting position. The score is in inches reached on a yardstick with the 15” mark being at the toes and the 36” mark being at the far end away from the toes.

Push-Ups **Absolute Strength** – Starting in the up position, hands placed slightly wider than shoulder width apart, fingers pointing forward with a straight back. Bend your elbows lowering your body towards the floor and touch your chest to the measuring block (approximately four inches from floor) and return to the up position.

1.5-Mile Run **Cardiovascular Capacity** – 1.5-mile run. The score is in minutes:seconds.