



# Milford City Clerk's Office

## Quarterly Newsletter - Fall—2016

To learn more about community happenings, please sign up for future editions of the Milford City Clerk's quarterly newsletters.

<http://www.ci.milford.ct.us/subscribe>



Vol. III September 2016

Page 1

### Milford City Clerk's Office

203.783.3210  
Mon-Fri. 8:30-5:00  
(Recordings until 4:30)

#### City Clerk

Joanne M. Rohrig

#### Assistant Clerks

Rose Elliott  
Suzanne Horvath  
Bonnie Peloso

#### Clerks

Laura Hunt  
Bonnie Kulenyck

#### Seasonal

Alice Agovino

### Public Works Bulk Pickup Schedule Fall 2016

Items set out for collection are to be placed at the curb not sooner than the Saturday prior to the scheduled date of the collection and all items are to be at the curb by 6:00 a.m. on the scheduled pickup date.

In order to qualify for this free pickup service, the homeowner must properly prepare and separate the bulky waste. Metal must be separated from burnable items. Yard waste should be placed in disposable containers or bags. Brush and wood must be cut to four-foot lengths and tied in bundles. No more than four passenger car tires may be included in the items set out for collection. Where possible, similar items should be placed together in containers, which the homeowner

wishes to discard. All acceptable items placed at the curb will be taken, INCLUDING CONTAINERS.

**Prohibited Materials:** Certain items are PROHIBITED from the *Bulky Waste Pickup* program. The following items WILL **NOT** BE PICKED UP, and therefore, should not be placed at the curb:

- Batteries
- Commercial Items
- Logs & Stumps
- Concrete or cement (Any item requiring more than 2 men to pick up)
- Hazardous Waste, Liquid Waste, oil based paint, motor oil
- Propane Tanks
- Grass Clippings
- Sheetrock and Demolition material\*\*

**\*\*Sheetrock & Demolition MUST be brought to Waste Conversion, 211**

**Old Gate Lane, Milford, CT. It will no longer be accepted at the Transfer Station.**

The following is the *Bulk Trash Pickup* Schedule to be followed: If your garbage day is:

GARBAGE DAY	SEPT/OCT
Monday	12
Tuesday	19
Thursday	26
Friday	OCT 3

Please call the Public Works Office at 783-3265, THE MONDAY BEFORE YOUR PICKUP if you have White Goods, i.e. – stoves, refrigerators, dishwasher, hot water heater, etc.



is pleased to sponsor the 3rd Annual

### Health & Wellness Fair

for all City/BOE employees and the public to participate in and enjoy!

Thursday, October 20, 2016

11:30 a.m.—3:30 p.m.

Parsons Government Complex Gymnasium

Over 30+ vendors will be on site to offer valuable information on:

- Fitness
- Nutrition
- Health Care
- Employee Assistance
- Financial Wellness
- Plus Much More!

Raffles!



FREE: Biometric Screenings  
Hands-only CPR Training  
Chair Massages

Employees will be allowed 30 minutes of paid time to attend this event. The Committee encourages everyone to be part of this educational, informative and FUN event!

### 11th Annual Milford Irish Festival 2016

Friday, September 16 | 6 to 11 p.m.

Saturday, September 17 | 11 a.m. to 11 p.m.

\$15 per person for a Weekend Pass | \$5 per person Friday Night  
\$12 per person Saturday | Children 12 and Under FREE all weekend!

**Irish Music, Dancing, Food, Marketplace & Fun for the Whole Family!**

# Wine Trail Sept. 10th



**TICKETS ON SALE NOW** To purchase visit:  
[DowntownMilfordCT.org](http://DowntownMilfordCT.org)

**WINE TRAIL TO BENEFIT:**



## 10 Tips to Set Yourself Up for Financial Success

### MetLife

SMART MONEY MOVES IN YOUR 40'S, 50'S, 60'S AND BEYOND

Learn about:

- Options to help build your retirement savings
- How to get your asset allocation right for you
- What does tax diversification really mean
- The importance of being emotionally prepared for lifestyle



DATE: September 20, 2016  
TIME: 12:00 pm - 1:00  
LOCATION: Parsons Conference Room A

Join us for this complimentary workshop!

You can register online by going to [metlifepiansmart.com](http://metlifepiansmart.com) and entering City of Milford exactly as it appears here or by calling 1-866-712-9172



## CITY PHONE DIRECTORY

- Mayor**  
Benjamin Blake 203-783-3201
- Animal Control**  
Scott Ellingson, 203-783-3279
- Assessor**  
Dan Thomas 203-783-3215
- City Attorney**  
Jonathan Berchem 203-783-3250
- City Clerk**  
Joanne M. Rohrig 203-783-3210
- Community Development**  
Julie Nash 203-783-3230
- Building Inspection**  
Charles Corell 203-783-3234
- DPLU Permitting & Land Use**  
Joseph Griffith 203-783-3374
- Employment & Training**  
Lisa Streit -203 783-3243
- Engineering**  
Gregory Pidluski 203-783-3261
- Finance**  
Peter Erodici 203-783-3220
- Fire Chief**  
Doug Edo 203-874-6321
- Harbor**  
Raymond Swift 203-874-1610
- Health Department**  
Deepa Joseph 203-783-3285
- Human Resources**  
Tania Barnes 203-783-3239
- Human Services**  
Christie Roche 203-783-3253
- Inland Wetlands**  
Mary Rose Palumbo 203-783-3256
- Library**  
Christine Angeli 203-783-3290
- Milford Prevention Council**  
Wendy Gibbons 203-783-6676
- MIS Department**  
Jean Lasczak is 203-783-3232
- Open Space**  
Steven Johnson 203-878-7812
- Pension**  
Lynn Kelliher 203-783-3224
- Police Chief**  
Keith Mello 203-878-6551
- Planning & Zoning**  
David Sulkis - City Planner  
Stephen Harris - Zoning Enforcement 203-783-3245
- Probate** 203-783-3364  
Judge Beverly Streit-Kefalus
- Public Works**  
Christopher Saley 203-783-3265
- Purchasing**  
Fred Bialka 203-783-3225
- Recreation**  
Paul Piscitelli 203-783-3280
- Registrars**  
Debra Fellenbaum  
Kerri Rowland 203-783-3240
- Tax Office**  
Sue Taft 203-783-3217
- Veterans Affairs**  
203-874-6711
- Senior Center**  
Janice Jackson 203-877-5131
- Superintendent of Schools**  
Dr. Elizabeth Feser 203-783-3400

## DEVON ROTARY

Celebrating 50 years..... Presents  
**The Harlem Wizards**  
Saturday, November 19th  
Jonathan Law High School



Devon Rotary  presents

**MILFORD Oktoberfest**

16 Craft / Seasonal Beers

Sponsored by  THE MILFORD BANK Always There.

**Saturday 12-9PM**  
**Sept. 24 Fowler Field**

**Bier Garden • German Food • German Dancers • Live Music**

## Milford Public Library



As of August 18th, the Milford Public Library has officially 'gone live' as a member of the Bibliomation Library consortium. With one search, users are now able to search the catalogs of over 60 libraries and request materials for pick-up in Milford. Users are now also able to manage their accounts [online](#) - select how you would like to receive notifications (email, phone, text), create personal booklists and search preferences, keep a history of checked out titles and more! As part of the move we have switched over our e-book provider to [Overdrive](#), offering an increased number of titles with an easy-to-use platform. If you have any questions or need any help using our new system, please call 203-783-3292 or 203-783-3312. Our staff is happy to help you and appreciates your patience during our switch!

## Wellness Works Committee

### GIVE BLOOD



SAVE LIFE

The Wellness Works Committee will be hosting a Blood Drive on Monday, October 3rd

12:00 pm—5:00 pm  
Parson's Gymnasium  
70 West River Street  
Milford, CT 06460

## City Clerk News

### ABSENTEE BALLOT INFORMATION

Going to be out of town for the upcoming election?

Please visit the City Clerk's office to obtain an

Application for an Absentee Ballot

Monday– Friday 8:30 am - 4:30 pm

70 West River St—Milford CT

Or online at

<http://www.ct.gov/sots/LIB/sots/ElectionServices/ElectForms/electforms/aabeng.pdf>

PRESIDENTIAL  
ELECTION 2016

## HEALTH DEPARTMENT HAPPENINGS

### Parent Leadership Training Institute (PLTI)

It's amazing what one parent can do! If you want to make a real difference, The Parent Leadership Training Institute is a free educational experience that will prepare you to become an effective advocate and change agent for all children – in schools, communities and government.

A new session of PLTI is set to begin in Milford in January, 2017. Parents, grandparents and other adults who wish to improve the lives of children and families in our community are encouraged to participate. Applications are now being accepted for a class that will be limited to 25 participants. For more information please contact Lesley Darling at the Milford Health Department. Phone: 203-783-3383. Email: [ldarling@ci.milford.ct.us](mailto:ldarling@ci.milford.ct.us) you can also register at the following link <http://www.ci.milford.ct.us/health-department/webforms/plti-online-registration>

"I had a great experience with Milford's PLTI program. There are few programs as uniquely designed to put people in touch with their communities. It was an extremely empowering experience." --Augie Harrigan, Milford PLTI Class of 2012

### September is National Preparedness Month!

National Preparedness Month is a time to prepare yourself and those in your care for emergencies and disasters, both larger and smaller scale local events. We know that emergencies can happen unexpectedly in communities just like ours. We've seen tornado outbreaks, river floods and flash floods, historic earthquakes, tsunamis, and even water main breaks and power outages that impact communities for days at a time. The Milford community has specifically been impacted by hurricanes, coastal flooding and power outages due to high winds and downed trees. Emergencies can happen anywhere, at any time. It is important to understand potential risks where you live.

What you can do:

- Bookmark [weather.gov](http://www.weather.gov) to stay informed on severe weather.
- Learn about [Wireless Emergency Alerts](#), messages that will be sent to your phone during an emergency.
- Get practical tips on preparing for disaster at [ready.gov](http://www.ready.gov)

October 8, 2016 (Rain Date October 9th)

Boys & Girls Club of Milford  
**pumpkins on the pier 6**  
 Walnut Beach Milford, CT



**Free Admission!**  
 Huge Pumpkin Patch with thousands of Pumpkins!  
 Tractor Hay Ride  
 Arts & Crafts  
 Kids Games & Rides  
 Pumpkin Decorating  
 Pie Eating Contest  
**FUN FOR THE WHOLE FAMILY**



Join us from 10am-5pm  
 Walnut Beach  
 113 East Broadway Milford, CT  
 For More Information Please Visit  
[www.pumpkinsonthepier.org](http://www.pumpkinsonthepier.org)

## MILFORD FIRE DEPARTMENT PROPANE COLLECTION DAY



The Milford Fire Department will be conducting a "Propane Tank Collection Day" on **Saturday, September 17, 2016** to collect propane cylinders (i.e. from gas grills). The collection is for **Milford residents only** and proof of residency will be required. There is no cost for this collection. The collection will take place at 55 Wheelers Farms Road, upper parking lot of Fire Station 7. The collection time will be from 8:00 a.m. – 1:00 p.m. The

following shall be adhered to:

- Have proof of residency ready
- Tanks should be transported in an upright position
- Preferable driver only transporting the tank(s)
- Valve must be in the closed position
- We will take full, partially filled, and empty 20lb tanks
- **DO NOT** vent the tank prior to transporting
- Tanks should be secured in place to prevent accidental tip-over
- Tanks should be transported with the vehicle windows open
- No smoking during the transport of the tank or in the drop off area

For more information, please call the Fire Marshal's Office at (203) 874-6321 between the hours of 7:00 a.m. – 5:00 p.m.



## REGISTRARS OF VOTERS

**MILFORD REGISTRARS OF VOTERS: REGISTER TO VOTE EARLY  
 TO AVOID LONG LINES IN ELECTION DAY REGISTRATION/VOTING**



Waiting until Election Day to register to vote for the first time or in your new town may seem more convenient, however, facing long lines, especially in a Presidential Election year, may not make it worthwhile. There are many ways to register to vote or update voter registration information.

There are alternative ways to register to vote OR to change name, address or party affiliation:

- VISIT THE REGISTRARS OF VOTERS OFFICE  
**Parsons Government Center – 70 West River Street – Milford, CT 06460**  
 9:00 A.M. – 1: 00 P.M. (Monday – Friday)  
 OR
- Online Registration: Click the red **Register to Vote/ UPDATE your Registration** BUTTON  
<http://www.ci.milford.ct.us/registrar-of-voters>  
 (Enter driver's license # or CT State I.D. # to complete the entire voter registration application process online)  
 OR
- Download a card and mail it in to us:

<http://www.sots.ct.gov/sots/lib/sots/electionservices/electforms/electforms/ed-671s.pdf>

Registrars of Voters – Parsons Government Center –  
 70 West River Street – Milford, CT 06460  
 OR

- Complete a voter registration application at the City Clerk's office from 1:00 p.m. – 5:00 p.m. (Monday – Friday)

Election Day Registration permits anyone to register and vote in person on Election Day who meets the [eligibility requirements](#) for voting in Connecticut and is not already registered OR is registered in one town but has moved to another town. Being able to register to vote and vote on Election Day is a wonderful expansion of voting rights.

**PLEASE NOTE:** With the introduction of Election Day Registration, Presidential Ballots (ballots with the President/Vice President only) are available just to a former resident (of Connecticut) who has moved within 30 days of the election to another location after the new location's cut-off date.

## MILFORD FIRE DEPARTMENT SAFETY TIPS

As we approach the fall season, there are a few important safety tips that everyone should be considering.

Get in the habit of changing the batteries in your smoke detectors and carbon monoxide detectors every fall and spring when changing the clocks for Daylight Savings Time. It is also a good idea to make it standard procedure in your household to verify that all fire extinguishers are fully charged and in working order when you adjust the clocks each season.

No matter what type of device you use to heat your home, making sure your heating devices and/or systems are in good working order is an important part of learning some fall fire safety tips. Many things can go wrong with heating equipment during the spring and summer months. Verify that everything you need to keep your home warm throughout fall and winter is in good working order before you experience the first cold snap of the season.

### Central Heating System Tips

- Get your central heating system cleaned, inspected and serviced by a certified HVAC (heating, venting and air conditioning) contractor every year before using it.
- If you have a gas heater, make sure that you have a sufficient quantity of fully functioning carbon monoxide detectors installed in your home.

### Space Heater Safety Tips

- Make sure that any space heaters are surrounded by at least three feet of empty space.
- Never place clothing or any other objects on a space heater to dry.
- Do not place space heaters near furniture or drapery.
- Turn space heaters off when you

leave the house or go to bed.

- Avoid storing any combustible items near heaters.

### Fireplace Safety Tips

- Get your chimney inspected each year to make sure that it is safe.
- Hire a chimney sweep to clean out your chimney every fall.
- Use fireplace screens to keep sparks and fire debris inside the fireplace.
- Embers should be placed in a fire rated metal container and disposed of properly outdoors away from any combustible items.
- Do not ever use gasoline to start a fire in the fireplace.
- Never leave a fire unattended.
- Make sure that combustible materials are not stored within three feet of your fireplace.
- For natural gas fireplaces, get all connections and lines inspected before use each season.
- Remember that outdoor fireplaces can be just as dangerous as indoor units, and observe all safety precautions when using them.

### Fire Safety For Holiday Decorations

- Do not use candles in Halloween jack-o-lanterns. Flashlights are much safer.
- Make sure that children's costumes are made with fire retardant materials.
- Use only fire retardant holiday decorations.
- Verify that all holiday lights and extension cords have been tested by an organization such as Factory Mutual or Underwriters Laboratory.

### Family Fire Safety Tips

- Teach your kids how to respond in the event of a fire.
- Make sure young children know how to dial 911.
- Establish and practice a fire escape plan with your family that includes a designated meeting area outside the home.
- Practice stop, drop and roll with your children so they learn how to escape beneath a fire.
- Teach everyone in your family multiple ways to escape from every room in the event of a fire.
- Make sure that there is a sufficient quantity of smoke detectors in your home.
- Verify each month that smoke detectors are in working order.
- Make sure everyone in your family knows how to use a fire extinguisher.
- Do not place lit candles where they can be reached by children.
- Never leave burning candles unattended.
- Do not leave candles burning when you go to sleep.
- Don't leave cooking food unattended on the stove.
- Keep everything that might be flammable away from your stove.
- Make sure all flammable substances are properly stored in safe containers and out of reach of youngsters.

### NEW TRASH COLLECTION PROGRAM

Public works is pleased to announce that residents will be receiving new 96 gallon trash cans starting the week of September 19<sup>th</sup> and the new garbage trucks will start picking them up with a start date of OCT. 31<sup>st</sup>.



### VETERANS DAY PARADE New Day and Time!!!

Parade on **Sunday, November 6th**  
stepping off at 2:00 pm



**COME ON OUT AND SUPPORT OUR VETERANS!!!**

## MILFORD HALL OF FAME



### Induction Class of 2016

**Rutheva Baldwin Brockett 1923- 2001.** Milford's first City Historian, 1988-1998. wrote "A Walking Tour of Milford" and co-wrote the 350th update to the "History of Milford, 1639-1939."

Hon. Gerard Patton and Mayors Joel Baldwin, Alberta Jagoe, James Richetelli, Ben Blake and the HoF Committee cordially invite you

Sept. 21, 2016 Wed.

South Hall Parsons Complex five o'clock Refreshments served

**Charles R. Iovino 1910-2009** Milford's city manager who was elected first mayor in 1959 making history as a write-in candidate..

**James Martin Maher 1865-1931.** Milford's first Superintendent (Chief) of Police in 1915.

**Frank H. Stevens 1870-1943.** Named by the Board of Fire Commissioners "Foreman" (Chief) in 1918 of the consolidated five volunteer fire stations.

**Charles Edward "Shang" Wheeler 1872-1949.** former seaman, oyster industryman, State Representative and Senator, he fought for the environment.

## PUBLIC WORKS ANNOUNCES

**SATURDAY, SEPT 17TH—RESIDENTS ONLY**

**HAZWASTE Residential Electronics & Paper Shredding for Milford**

**SAT, SEPT 17TH 9-Noon 203-783-3265**



## MILFORD HISTORICAL SOCIETY

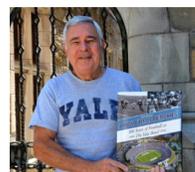
### 100 Years of Football at Yale Bowl Kicks-Off New Year for Historical Society

The author of "A Bowl Full of Memories: 100 Years of Football at the Yale Bowl" will speak at the Milford Historical Society meeting Mon., Sept. 19 at 7 p.m. at the Mary Taylor Memorial United Methodist Church, 168 Broad St. The public is invited.

Rich Marazzi will tell stories that cover Yale football beginning in 1872 and will talk about Yale Bowl that was 100 years old in 2014. He will take you into the huddle, the locker room, the practice field, the campus, and the hearts and minds of Yalies over the past century.

The 150 stories in his book are first-person accounts by those who played from the 1940s up to modern day games, along with remembrances from coaches, writers, broadcasters and fans who give their views of the spectacles and contests of the past.

Marazzi, who has seen almost every game at the Bowl in the last 50 years, will talk about the legendary Yale football coach Walter Camp, whose story is important to understanding Yale football and the evolution of the game as we know it. And of one of the oldest rivalries in college sports, -- "The Game" -- the annual Yale-Harvard game.



course Marazzi will cover

Marazzi, of Ansonia, is for baseball and for 17 on WICC, WELI and "Inside Yankee Baseball."

also known for his passion years had a radio talk show ESPN Radio 1300 titled,

He is a rules columnist for several publications including "Baseball Digest" and has written for "USA Today Sports Weekly."

For the past 11 years he has been the facilitator for the Silver Sluggers baseball group that meets weekly at the Derby Public Library during the baseball season.

The Sept 19 program is free, although donations are gratefully accepted.

The Society's three 18<sup>th</sup> century houses at 34 High Street are open for docent-led tours every Saturday and Sunday from 1 to 4 p.m. through Oct. 9. (Closed Labor Day Weekend, Sept 3 and 4.) Adults are asked to donate \$5; free admission for children and students.

A brochure and membership form can be mailed to you by requesting it by writing the Society at P.O. Box 377, Milford. Annual dues are \$5 for students, \$20 for individuals and \$40 for families.

Visit us on [milfordhistoricalsociety.org](http://milfordhistoricalsociety.org) or on Facebook.

### SAVE THE DATE: 5th ANNUAL MILFORD TRICK OR TROT 5K RUN/WALK



To benefit the **Beth-El Center** on Sat. Oct 29th

Sign in : 7:30 am Race Starts: 9:00 am Lisman Landing—Breakfast included, Halloween costumes Welcome!!!

Pre registration: \$25/ \$30 same day. To register or sponsor the event, visit [www.milfordtrickortrot.com](http://www.milfordtrickortrot.com)

**Sponsors: Harlow, Adams, and Friedman, P.C. & Sikorsky Credit Union**





## MILFORD SENIOR CENTER NEWS



- A hearing screening will take place at the Milford Senior Center, 9 Jepson Drive, Tuesday, September 13 from 9:30 a.m. to 11:30 a.m. There will be free 10 minute screenings during the presentation. Sign up for a hearing time slot at the center's front office. 203 877-5131 for details.
- A Laugh Out Loud Wellness program will be presented at the Milford Senior Center, 9 Jepson Drive, Wednesday, September 14 at 1:00 p.m. A session of simulated and stimulated laughter, stretching and practical tips on aging prevention will be on the program. 203 877-5131 for additional information.
- Learn how to lower your electric bill during an informative discussion Tuesday, 1:00 p.m. September 20<sup>th</sup> at the Milford Senior Center, 9 Jepson Drive. State Representatives Charlie Ferraro, Pam Staneski and Kim Rose will be in attendance during this helpful workshop. Rate specialists from Connecticut's Public Utilities Regulatory Authority (PURA) will offer a brief presentation and answer questions. Bring a recent copy of your electric bill to check current generation rate and discover additional options. 203 877-5131 for details.
- The AARP Safe Driver Class will be held at the Milford Senior Center, 9 Jepson Drive, Wednesday, September 21<sup>st</sup>, 9:00 a.m. to 1:15 p.m. Call Ed Berry at 203 549-0629 to register.
- There will be a six week workshop on "Living Well," an informational session taking place at the Milford Senior Center, 9 Jepson Drive, Thursday, September 22<sup>nd</sup> at 1:00 p.m. 203 877-5131 for additional information.
- Monday, September 26 the Milford Senior Center, 9 Jepson Drive, will host a Senior Health Fair, 9:00 a.m. to 12:00 p.m. Health screenings will be offered, preventative information, and at 10:30 a.m. a guest speaker will be discussing "Positivity". Free health screenings include blood pressure, Cholesterol, Glucose, vision and dental. The Yale Hospital Mammography Van will be on site. An appointment is required for this screening by calling 203 688-1010. A free stroke risk assessment is also available at the Griffin Hospital Community Outreach and Parish Nursing Van. Call Amanda Berry at 203 877-5131 for an appointment. The Milford Hospital will be performing a cholesterol screening during the morning. Call Karen or Chris at 203 876-4004 for an appointment. Details 203 877-5131.
- An AAA Driving Improvement Class will be available at the Milford Senior Center, 9 Jepson Drive, Wednesday, September 28, 9:00 a.m. to 1:00 p.m. This free AAA program is aimed at experienced drivers who wish to improve their driving skills and review defensive driving basics. To register and to obtain additional information, call 203-937-2595 extension 4615 or go online to [www.aaa.com/driverimprovement](http://www.aaa.com/driverimprovement).
- The Milford Senior Center, 9 Jepson Drive is providing a presentation, "Medicare 101," Thursday September 29 at 10:00 a.m. Topics covered, Medicare parts A, B, C and D; what is covered and what is not; how to handle out of pocket costs both small and catastrophic, your rights, options and entitlements under the program. 203 877-5131 for details.

**Annual membership at the Milford Senior Center is \$15.00. You may visit the Center at 9 Jepson Drive, Monday through Friday, 9:00 a.m. to 4:30 p.m. Milford residents over 55 years of age are welcome to join the Center's family. 203 877-5131**

### OPEN SPACE

#### Enjoy an Open Space Walk

Milford has seven new trail guides and maps that are available at the South Central Council of Government's website, <http://scrcog.org/regional-planning/regional-trails>.

These walking areas connect with some of the beautiful scenic areas that Milford is so fortunate to have. These walks are in a variety of locations that include the Great River Walk, Eisenhower Park, Solomon Woods, Mondo Ponds, Beaver Brook, Wilcox Park, and Silver Sands State Park.

In addition to the Milford Trails listed on the SCROG website, there are 14 other regional towns that have published maps and information on over 100 trails for a variety of outdoor experiences.

For more information contact Steve Johnson, (203) 878-7812 or [stevenjohnson@ci.milford.ct.us](mailto:stevenjohnson@ci.milford.ct.us)

### SENIOR HEALTH FAIR

The Milford Senior Center, 9 Jepson Drive, is hosting a Senior Health Fair, Monday, September 26, from 9:00 a.m. to 12:00 noon. According to Program Director Amanda Berry, the health fair provides a convenient opportunity to visit the various health and safety departments for screenings and to obtain information on health care concerns.

The Yale Hospital Mammography Van will be on site; for an appointment, call 203 688-1010.

Free stroke risk assessments will be provided by the Griffin Hospital Community Outreach and Parish Nursing Van. Call Amanda Berry at 203-877-5131 for an appointment.

Milford Hospital will also offer a no fasting cholesterol screening, \$5.00. Appointments are required. Call Karen or Chris after September 1<sup>st</sup> at 203 876-4004.

During the health fair, there will be a 10:30 a.m. presentation, "The 10B's of Positivity"; 10 steps to a more positive way of living, by Lynette Turner.

The Milford Police, Fire and Health Departments will be at the Health Fair to provide safety information.

Additional details on the Senior Health Fair can be obtained by calling Program Director, Amanda Berry at 203 877-5131.



**FOOD COLLECT-A-THON**



**12th ANNUAL**  
 Local Boy & Girl Scouts will be at Wasson Field around the clock collecting non-perishable foods as well as frozen turkeys to help distribute to 250 local families.

**DATE:** Nov. 11<sup>th</sup> – 13<sup>th</sup>  
**PLACE:** Wasson Field

To learn more about community happenings, please sign up for future editions of the Milford City Clerk's quarterly newsletters.

<http://www.ci.milford.ct.us/subscribe>



**United Way of Milford  
 15th Annual Golf Classic**



Sponsored by:



**THE MILFORD BANK**  
*Always There.*

**Friday, September 16th, 2016**  
 Country Club of Woodbridge  
 50 Woodfield Road  
 Woodbridge, CT. 06525



**United Way of Milford**

**Schedule of Events**

**11:00 a.m.**  
 Registration/Lunch  
 Foursome Photos

\*\*\*\*\*

**12:30 p.m.**  
 Tee Off-Shotgun Start  
 Scramble Format

\*\*\*\*\*

**5:30 p.m.**  
 Buffet Dinner  
 Tournament Awards & Raffles  
**FREE GOLF SHOES**

**Plan Your Retirement Income Strategy**



Learn how to help make your money last.

City of Milford is offering the following complimentary financial education opportunity:

**RETIREMENT INCOME PLANNING**

Learn about:

- Turning assets into income
- The five common "risks of retirement"
- Managing risks to minimize their impact on your assets
- Steps you can take to help cover both your "needs" and "wants" in retirement

**DATE:** November 15, 2016  
**TIME:** 12:00 pm - 1:00 pm  
**LOCATION:** Parsons Conference Room A

**Join us for this complimentary workshop!**

You can register online by going to [www.MetLifePlanSmart.com](http://www.MetLifePlanSmart.com) and entering City of Milford exactly as it appears here or by calling 1-866-712-9172



Metropolitan Life Insurance Company (MLIC), New York, NY 10156  
 MetLife Securities, Inc. (MSI) (member FINRA/SIPC), 1095 Avenue of the Americas, New York, NY 10036  
 MLIC & MSI are MetLife Companies.

1412-2005  
 © 2015 METLIFE, INC. L1114400991[exp11/16][All States](DC)  
 PEANUTS © 2015 Peanuts Worldwide LLC

**PlanSmart**  
 a financial education service for employees