



# City of Milford, Connecticut

--Founded 1639 --

70 West River Street – Milford, CT 06460-3317

Tel 203-783-3280 Fax 203-783-3284

[www.milfordrecreation.org](http://www.milfordrecreation.org)

Recreation  
Department

## YOGA EXERCISE CLASSES – WINTER 2012

Determine your choice of class and check appropriate box below. Classes are limited in size and there are no refunds for missed classes. Class and date selection will be taken on a first come first serve basis. **All classes will be held at the Margaret Egan Center.**

PLEASE INDICATE YOUR CHOICE OF CLASS WITH A CIRCLE AROUND EACH CLASS NUMBER

Please make check payable to "**Milford Recreation Dept.**"

#	CLASS	ROOM	DAYS	DATES	TIMES	INSTRUCTOR	RES.	NON RES
1	Hatha Yoga	RM 154	Mon.	1/9 – 3/26	6:00 PM	Dee Stephens	\$50	\$55
2	Hatha Yoga	RM 154	Mon.	1/9 – 3/26	7:20 PM	Dee Stephens	\$50	\$55
3	Hatha Yoga	RM 154	Tues.	1/10 – 3/27	6:15 PM	Dee Stephens	\$60	\$65
4	Hatha Yoga	GYM	Wed.	1/11 – 3/28	9:15 AM	Dee Stephens	\$60	\$65

This is your receipt. Fee Paid: \$ \_\_\_\_\_ Date: \_\_\_\_\_ By: \_\_\_\_\_

-----DETACH HERE-----

NAME: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ DOB: \_\_\_\_\_

CITY/ZIP: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

### **PLEASE READ THE FOLLOWING STATEMENT AND SIGN BELOW**

*By my signature, I do hereby assume all risks of personal injury involved in this activity. I do hereby release the City of Milford, the Recreation Department, the instructors and agents of liability and suits at law or in equity resulting from this activity. I also give permission to the Recreation Department to use any photo or video taken of me during participation in this program; for use in print, digital, or web based promotional materials.*

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

#	CLASS	PAYMENT	INITIAL
	Hatha Yoga		

“Building a Community Through People, Parks, and Programs”  
The Benefits Are Endless