

NEWS RELEASE

RECREATIONAL OPEN GYM COED VOLLEYBALL

RELEASE ASAP / PLEASE REPEAT

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Recreation Supervisor

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The Milford Recreation Department announces Adult Recreation Open Gym COED Volleyball on Tuesday evenings tentatively beginning March 09, 2010. It will run every Tuesday evening through mid-May.

All Open Gym Volleyball will be 6:30pm – 9:00pm at the Parsons Complex Gymnasium. All Open gym dates are subject to change to accommodate league play. Open gym is for Milford residents or league participants only and all players must be 18 or older. There is no charge to participate. Proof of residency or league participation may be required. No pre-registration required. These sessions are designed for beginner and intermediate level of players who seek a fun, recreational experience as opposed to a highly competitive experience.

For further information call Patrick Austin at 783-3390.